

Khalsa College for Women, Amritsar

Criterion : 3.4

3.4.1 Extension activities carried out in the neighborhood community, sensitizing students to social issues, for their holistic development through different units, cells and committees.


2017-22

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Extension/Outreach activities in the neighbourhood community

Adoption of Village Kot Khalsa



KHALSA COLLEGE FOR WOMEN, AMRITSAR
ਖ਼ਾਲਸਾ ਕਾਲਜ ਫ਼ਾਰ ਵਿਮਨ, ਅੰਮ੍ਰਿਤਸਰ
Accredited 'A' by NAAC

Ph. : +91-183-5050431, 2258207 • E-mail : kcw_asr@yahoo.co.in • Website : www.kcwasr.org

Ref No. : 123-D
Date : 19/4/2019

ਪ੍ਰਿੰਸੀਪਲ ਕਮ ਜ਼ਿਲ੍ਹਾ ਨੈਡਲ ਅਫ਼ਸਰ
ਬੱਡੀ ਪ੍ਰੋਗਰਾਮ
ਸ. ਰ. ਗੌਰਮਿੰਟ ਕਾਲਜ ਫ਼ਾਰ ਵਿਮਨ,
ਅੰਮ੍ਰਿਤਸਰ।

ਵਿਸ਼ਾ: ਬੱਡੀ ਪ੍ਰੋਗਰਾਮ ਅਧੀਨ ਪਿੰਡ ਅਪਣਾਉਣ ਸੰਬੰਧੀ।

ਸ਼੍ਰੀਮਤੀ ਜੀ.
ਆਪ ਜੀ ਦੇ ਦਫ਼ਤਰ ਦੇ ਪੱਤਰ ਨੰਬਰ 112 ਮਿਤੀ 16.04.2019 ਅਧੀਨ ਲਿਖਿਆ ਜਾਂਦਾ ਹੈ ਕਿ ਕਾਲਜ ਵੱਲੋਂ ਬੱਡੀ ਪ੍ਰੋਗਰਾਮ ਅਧੀਨ ਕੋਟ ਖ਼ਾਲਸਾ ਪਿੰਡ (ਜੋ ਕਿ ਕਾਲਜ ਤੋਂ 4-5 ਕਿਲੋਮੀਟਰ ਦੂਰੀ 'ਤੇ ਹੈ) ਅਪਣਾਇਆ ਗਿਆ ਹੈ। ਧੰਨਵਾਦ।

ਮੁੱਲਤੀ
ਪ੍ਰਿੰਸੀਪਲ,
ਖ਼ਾਲਸਾ ਕਾਲਜ ਫ਼ਾਰ ਵਿਮਨ ਅੰਮ੍ਰਿਤਸਰ

Khalsa College for Women, Amritsar adopted village Kot Khalsa under Buddy program.

Seven day NSS Camp at adopted village Kot Khalsa



Seven Day NSS camp was organized in the adopted village Kot Khalsa from Jan 22-28, 2022 to provide awareness about the Corona Pandemic. 100 volunteers participated in the camp. NSS Volunteers also made the local residents aware about the environment and cleanliness.

Stubble Burning Campaign at various Villages by NSS Volunteers



KHALSA COLLEGE FOR WOMEN, AMRITSAR

ਖ਼ਾਲਸਾ ਕਾਲਜ ਫ਼ਾਰ ਵਿਮਨ, ਅੰਮ੍ਰਿਤਸਰ

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Ref No. : 965-D

Date : 30-9-19

ਪ੍ਰੋਗਰਾਮ ਕੋ-ਆਰਡੀਨੇਟਰ
ਐਨ.ਐਸ.ਐਸ. ਵਿਭਾਗ,
ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ,
ਅੰਮ੍ਰਿਤਸਰ।

ਵਿਸ਼ਾ: ਢੇਨੇ ਦੀ ਪਰਾਲੀ ਨਾ ਸਾੜਣ ਅਤੇ ਵਾਤਾਵਰਣ ਬਚਾਉਣ ਸੰਬੰਧੀ।

ਸ਼੍ਰੀਮਾਨ ਜੀ,

ਆਪ ਜੀ ਦੇ ਦਫ਼ਤਰ ਦੇ ਪੱਤਰ ਨੰਬਰ 4617-46/ਐਨ.ਐਸ.ਐਸ. ਮਿਤੀ 26.09.2019 ਰਾਹੀਂ ਵਲੰਟੀਅਰਾਂ ਦੁਆਰਾ ਕਵਰ ਕੀਤੇ ਜਾਣ ਵਾਲੇ ਪਿੰਡਾਂ ਦੀ ਭੇਜੀ ਗਈ ਸੂਚੀ ਅਨੁਸਾਰ ਕਾਲਜ ਦੇ ਐਨ.ਐਸ.ਐਸ. ਵਲੰਟੀਅਰਾਂ ਦੀਆਂ ਟੀਮਾਂ ਦਾ ਵੇਰਵਾ ਹੇਠ ਲਿਖੇ ਅਨੁਸਾਰ ਆਪ ਜੀ ਜਾਣਕਾਰੀ ਅਤੇ ਅਗਲੇਰੀ ਕਾਰਵਾਈ ਹਿਤ ਭੇਜਿਆ ਜਾ ਰਿਹਾ ਹੈ। ਧੰਨਵਾਦ।

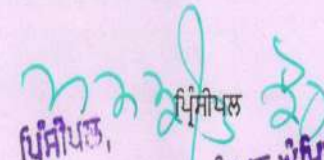
ਟੀਮ ਨੰਬਰ	ਵਲੰਟੀਅਰਾਂ ਦਾ ਨਾਮ	ਕਵਰ ਕੀਤੇ ਜਾਣ ਵਾਲੇ ਪਿੰਡ	
Team No. 1	Mandeep Kaur	Sukhdeep Kaur	Rampura, Ranike, Taju Chak, Baserke, Amritsar Sub-Urban
	Lovepreet Kaur	Kanwaljit Kaur	
	Tejinderpal Kaur	Jagroop Kaur	
	Manpreet Kaur	Upneet Kaur	
	Vijay Laxmi	Amanjot Kaur	
	Maninder Kaur	Komal Lachmi	
	Mandeep Kaur	Karamjit Kaur	
	Ramanpreet Kaur	Gurleen Kaur	
	Pooja Kaur	Kritika sood	
	Pawandeep Kaur	Manbir Kaur	
Team No. 2	Manjinder Kaur	Ramandeep Kaur	Ran Garh, Rorawala, Bhandiar, Kauke, Bhaghtu Pura
	Benti Kaur	Simran Kaur	
	Seema Kaur	Brinder Kaur	
	Jashandeep kaur	Allemdeep Kaur	
	Mamta	Kajal	
	Manveer Kaur	Rozi	
	Manpreet Kaur	Kamaljeet Kaur	
	Kiranpreet Kaur	Komalpreet Kaur	
	Daljit Kaur	Gogandip Kaur	
	Jaspreet kaur	Princepal Kaur	
Team No. 3	Prabhjeet Kaur	Ravneet Kaur	Bshimber Pura, Butt, Jhitan Kalan, Jhitan Khurd, Maluwal
	Kiratpreet Kaur	Nandini	
	Sandeep Kaur	Mamta	
	Gurpreet Kaur	Loveleen Kaur	
	Jasmeen Kaur	Nandini	
	Satvir Kaur	Neha Kaur	
	Sarbjit Kaur	Shehnoordeep Kaur	
	Karanbir Kaur	Tarunpreet Kaur	
	Sandeep Kaur	Komalpreet Kaur	
Shikha	Prabhjot Kaur		

Team No. 4	Lovepreet Kaur	Kirandeep Kaur	Mana Wala Kalan, Mehama, Mehanian Kuharan, Pandori, Rakh Jhittan	
	Simranjeet Kaur	Kamaljeet Kaur		
	Manpreet Kaur	Navjeet Kaur		
	Amanpreet Kaur	Robin Chhema		
	Ekta	Prabhjot Kaur		
	Komalpreet Kaur	Vironika		
	Mandeep Sharma	Gurleen Kaur		
	Sukhpreet Kaur	Nitasha Saini		
	Pawandeep Kaur	Ritika		
	Ramandeep Kaur	Manmeet Kaur		
Team No. 5	Charanjit Kaur	Prabhsimran Kaur		Wan Chari, Bal, Bal Kalan, Bal Khurd, Varpal Kalan
	Amanpreet Kaur	Gurleen Sidhu		
	Esha Devgan	Harmanmeet Kaur		
	Komaldeep Kaur	Simranjit Kaur		
	Rubinder Kaur	Sharanpreet Kaur Hans		
	Manpreet Kaur	Gurkamal Kaur		
	Sugadhi Malhotra	Taranbir Kaur		
	Sheetal	Anmolpreet Kaur		
	Kashish	Mehak Maggu		
	Gurpreet Kaur	Nimrat Kaur Sandhu		

ਵਿਸ਼ਵਾਸ ਖਾਤਰ,



ਪ੍ਰੋਗਰਾਮ ਕੋ-ਆਰਡੀਨੇਟਰ


 ਪਿੰਸੀਪਲ,
 ਹਾਲਸਾ ਕਾਲਜ ਫਾਰ ਵਿਮਨ ਅੰਮ੍ਰਿਤਸਰ,
 5

The Stubble burning Campaign was held at various villages (mentioned in above letter) on Sept 26, 2019. 50 NSS volunteers divided in 5 teams went to villages and guided the local residents about stubble burning.

Cleanliness Drive and presentation of video clippings related to cleanliness at various villages of Ajnala, Majitha, Gumtala and Bhikhiwind



NSS Volunteers participated in Swachh Bharat Summer internship programme organized from May 1, 2018 to July 31, 2018 by NSS dept. NSS Volunteers worked for 100 hrs. during cleanliness drives in various localities and Mohallas and made people aware about cleanliness. NSS Volunteers went house to house to make people aware about health and cleanliness. They also told people to store dry and wet garbage separately. Rural areas of Ajnala, Majitha, Gumtala and Bhikhiwind were covered for the cleanliness drive.

Youtube Link of Swachh Bharat Summer Internship :
<https://www.youtube.com/watch?v=hde5a9KNDyk>

Swachh Bharat Summer Internship 2018



NSS Dept. organized a Cleanliness Drive under Swachh Bharat Summer Internship Scheme 2018 in and around the college campus. The main purpose of this programme was to create awareness among the students and local residents regarding Cleanliness and its benefits. NSS Volunteers picked brooms and started jobs. Some of the students did the dusting of the roads.

Swacch Bharat Abhiyan Rally



The NSS department of the college celebrated Independence day by taking out a Swachh Bharat Abhiyan Rally to develop awareness about cleanliness.

The slogans chanted by the students were:

- Our safety depends on cleanliness.
- Cleanliness is next to Godliness.
- Green City, Clean City, My Dream City

Swachhta Abhiyaan at Railway Station



Press Note

The students of NSS Department of Khalsa College for Women, Amritsar participated in Swachhta Abhiyan organized at Amritsar Railway Station on 24th September, 2019. The Commissioner Municipal Corporation was present at the occasion and she appraised the students and the public about the harmful effects of plastic on our environment. The students cleaned the plastic from the surroundings of the station and even guided people about the same. A sense of responsibility was awakened in the students and the public about making Amritsar “Swachh and Plastic Free Zone” especially, the Railway Station, where thousands of people come to pay their obeisance at Darbar Sahib and other holy and historical places.

Swachh Sarvekshan 2020



Swachhta Rally was organized in the adjoining areas of the college. NSS Volunteers explained the importance of Cleanliness to the people. Volunteers also cleaned the campus with the motto of Swacchata hi Seva.

The Polling Booth of the College declared as the Model Booth and Pink Booth in the years 2017 and 2022



Rally on Awareness to Vote



As per the instructions of Hon'ble District Election Officer-cum-Deputy Commissioner Amritsar, an awareness rally was organized by the NSS Department of Khalsa for Women, Amritsar to make the general public / voters aware about the importance of voting.

The green signal to the rally was given by Mr. Vikas Hira SDM-cum Electoral Registration Officer 016-Amritsar West Assembly constituency. On this occasion the Principal of Khalsa College for Women, Mrs. Manpreet Kaur, General Manager Punjab Roadways, Amritsar-1-cum AERO-2, District Education Officer Secondary Education, Mr. Salwinder Singh Samra, Nodal Officer Sweep, Election Kanungo, Mr. Inderjit Singh, Program Nodal Officers, Dr. Chanchal Bala and Anita Arora were present on the occasion.

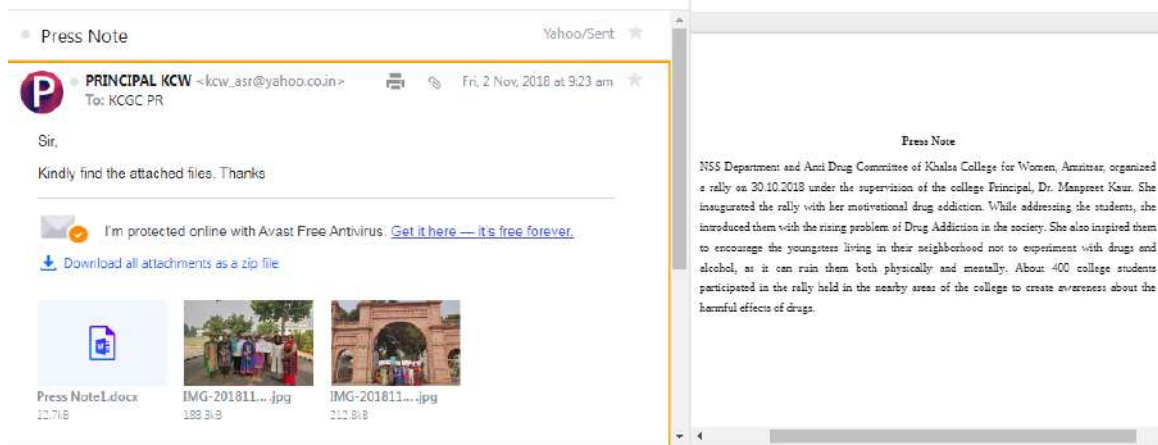
In connection with this rally, Honorary Secretary, S. Rajinder Mohan Singh Ji Chhina, Khalsa College Charitable Society, Amritsar said that every voter should know the importance of his/her vote and he/she should cast the vote correctly. **Awareness was raised through slogans like "Vote is a Legal Right, Awakening the People, Voting, Vote for India", "People's Voting Power" and other slogans.**

Awareness Rally for Awareness to Vote



Electoral Literacy Rally conducted an Election Awareness rally on Nov 11, 2021 to spread awareness among the local residents regarding the importance of voting through the means of slogans. Around 45 students along with faculty participated in this awareness rally. Students made colorful and informative placards. Rally proceeded from the college and moved to the adjoining areas of the college where the students shouted slogans for creating awareness on the right to vote.

Anti Drug Abuse Awareness Rally



NSS Department and Anti Drug Committee of Khalsa College for Women, Amritsar, organized a rally on 30.10.2018 under the supervision of the college Principal, Dr. Manpreet Kaur. While addressing the students, she introduced them with the rising problem of Drug Addiction in the society. She also inspired them to encourage the youngsters living in their neighborhood not to experiment with drugs and alcohol, as it can ruin them both physically and mentally. About 400 college students participated in the rally held in the nearby areas of the college to create awareness about the harmful effects of drugs.

Lecture on Applications of Computers to the students of Central Khalsa Orphanage, Amritsar



Lecture on Applications of Computers was delivered to the students of Central Khalsa Orphanage , Amritsar by Ms. Pritika Mehra, Assistant Professor, P.G. Dept. of Computer Science on Aug 13, 2021. Around 33 students of the Central Khalsa Orphanage school attended the lecture. The objective of the lecture was to make the children aware about the importance of computers in different areas.

Lecture on the “Awareness of Drug Abuse” to the students of Govt. Senior Secondary School, Kot Khalsa, Amritsar



The Anti Drug Prevention Committee organized a lecture on the awareness of drug abuse at **Govt. Senior Secondary School, Kot Khalsa** on 26.08.2019. During lecture, children were informed about the ways to gauge the incidence of drug abuse in their surroundings & contribute towards elimination of addictions.

Theatrical Choreography on the theme “A Good Routine”



A theatrical Choreography on the theme “A Good Routine” was performed at the event organized by Special Olympics Bharat on Apr 7, 2022 for the athletes (persons with intellectual disability) in order to give them an overview of a healthy lifestyle.

PG Department of Fashion Designing prepared and handed over masks to Deputy Commissioner and Police Commissioner, Amritsar during Covid Pandemic



13000 masks were made by the PG Department of Fashion Designing and handed over to the Deputy Commissioner and Police Commissioner, Amritsar.

Awareness Camp on Guidelines for Prevention of Covid-19 at GNDU near Residential Houses of Construction Workers



Press Note

B.Voc. (Nutrition & Diet Planning) in collaboration with BA (Home Science) Department organized awareness camp on “Guidelines for Prevention of COVID-19” on 16th December, 2021 at Guru Nanak Dev University, Amritsar near residential houses of construction workers. All the students of the department participated enthusiastically. Drushika, Harshita, Prabhjot, Sonam, Gurleen, Malika, Swinky & Disha (students) addressed the workers and distributed masks & sanitizers to the workers by explaining the current scenario of COVID-19. Mrs. Bhanu & Ms. Dripjot Kaur (Assistant Professors) thanked workers for their cooperation.

Principal

Awareness Campaign on Covid-19: Coronavirus Activity: Spreading the Awareness on Covid-19 through posters



NSS Dept. organized an awareness campaign against Covid-19 Pandemic through posters in the adjoining areas of college on July 8, 2020. NSS Volunteers made people aware about wearing masks, maintaining social distance and cleanliness.



Road Safety March



Road Safety March was organized on Jan 30, 2021 in which citizens were made aware about following the traffic rules.

Extension Activities carried out for sensitizing students to social issues

Van Maha Utsav

Collaborating Agency: Rotary Club of Amritsar North



The Nature care club of Khalsa College for Women, Amritsar organized “Van Mahotsav” programme on July 8, 2021 in collaboration with Rotary Club of Amritsar, North. S. Rajinder Mohan Singh Chhina, Honorary Secretary, Khalsa College Charitable Society, Amritsar was the chief guest of the programme. Rotary Club volunteers, Chief Guest, Principal and students of college along with faculty members planted trees on this occasion.

Awareness Camp on Water Conservation and Tree Plantation



NSS unit, Nature Care Club and Campus Beautification Dept organized an Awareness Camp on decreasing water levels and environmental conservation. Information about taking appropriate steps regarding climate change and decreasing water level was given by Principal, Dr. Manpreet Kaur, during the camp. In the age of modern technology, as climate change is a very big problem for life, students and staff took pledge to save water and grow more and more trees to make the surroundings green.

Extension Lecture on (Vatavaran Sambhal) Save Environment and Tree Plantation



Extension lecture on Save Environment was organized under the Ek Bharat Shreshtha Bharat Scheme on June 7, 2022 to celebrate Environment Day. The lecture was organized in collaboration with Rotary Club of Amritsar North. The speaker, S. Daljeet Singh Kohli, Engineer and member of Rotary Club emphasized on the importance and need of environment protection. The pledge was taken to save the environment and trees were planted by the members of the Rotary Club.

Tree Plantation and Lecture on Importance of Growing and Saving trees
Collaborating Agency: Rotary Club(North)



The college organized Van Mahotsav in collaboration with Rotary Club North Amritsar in which Dr. Manjitpal Kaur(member Rotary Club) emphasized on the importance of saving and growing trees. S. Kuldeep Rai Nanda, President Rotary Club, planted trees in the college campus.

National Festival of Tree planting
Collaborating Agency: Life Insurance Corporation of India



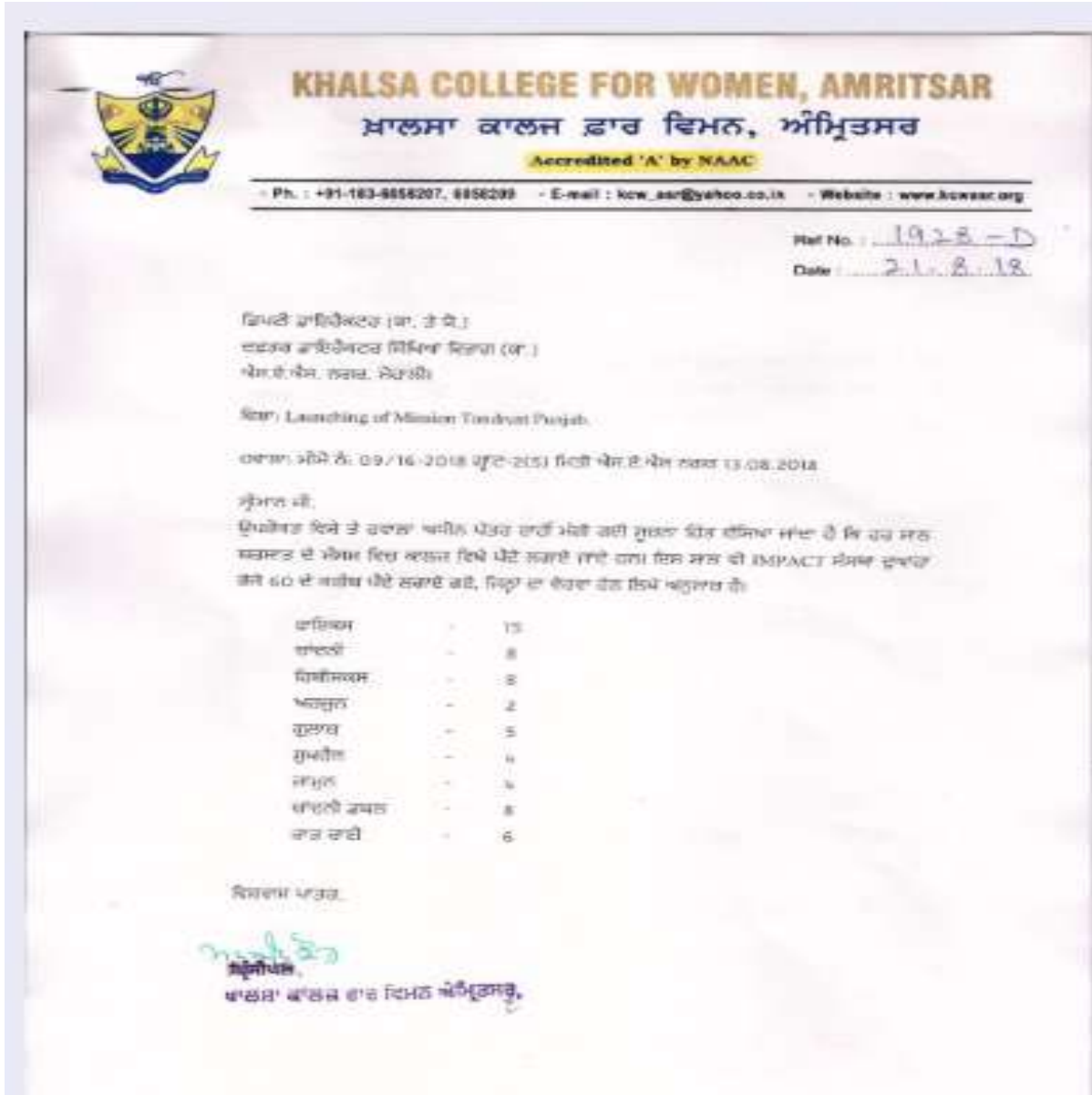
A very auspicious tree plantation programme was organized in the college campus under the National Service Scheme in collaboration with Life Insurance Corporation of India on July 6, 2017 to create an awareness regarding climate change and its adverse effect on us. A range of plants were planted in the periphery of the college playground to create an awareness about saving trees.

Tree Plantation



On 15.09.2017, under the leadership of the Principal, Dr. Sukhbir Kaur Mahal, volunteers from NSS department of the college planted about 40 different varieties of plants like Legistonia and Jatropa at the college campus. Dr. Sukhbir Kaur Mahal and Dr. Harbhajan Singh Bhatia, former Professor and Head, School of Punjabi Studies, Guru Nanak Dev University, Amritsar, started this noble cause by planting the first plant with the help of volunteers. All other plants were planted by the volunteers themselves. Following that, Principal Dr. Sukhbir Kaur Mahal gave the volunteers some pointers on how to care for the plants and encouraged them to keep the environment clean by planting more plants in their daily lives. The occasion was organized by NSS Program Officers, Mrs. Ravinder Kaur and Dr. Chanchal Bala.

**Plantation of 60 Plants in the campus
by IMPACT Organization
Mission Tandrust Punjab**



Plantation of 60 plants by Impact organization was conducted in the campus under the Mission Tandrust Punjab Scheme.

Awareness of Swachhata App Organized by Municipal Corporation, Amritsar



Report

Keeping our city clean is every citizen's duty. On January 16, 2019 Dr. Manpreet Kaur, Principal Khalsa College for Women, Amritsar along with the team of Student Advisory committee welcomed the team of Municipal Corporation for an awareness programme to mark the beginning of the new semester. Madam Mandeep Kaur and Davinderjit Kaur, community facilitator addressed the students on the use "Swachhata App" launched by the Union Ministry of Housing and Urban Affairs. This App will help citizens draw the attention of their respective local bodies to host of deficiencies in service and related grievances and get the concerned officials act on it. The teachers and the students pledged to keep the city & the surroundings clean.

Principal

Medical Camp



Health Checkup Camp

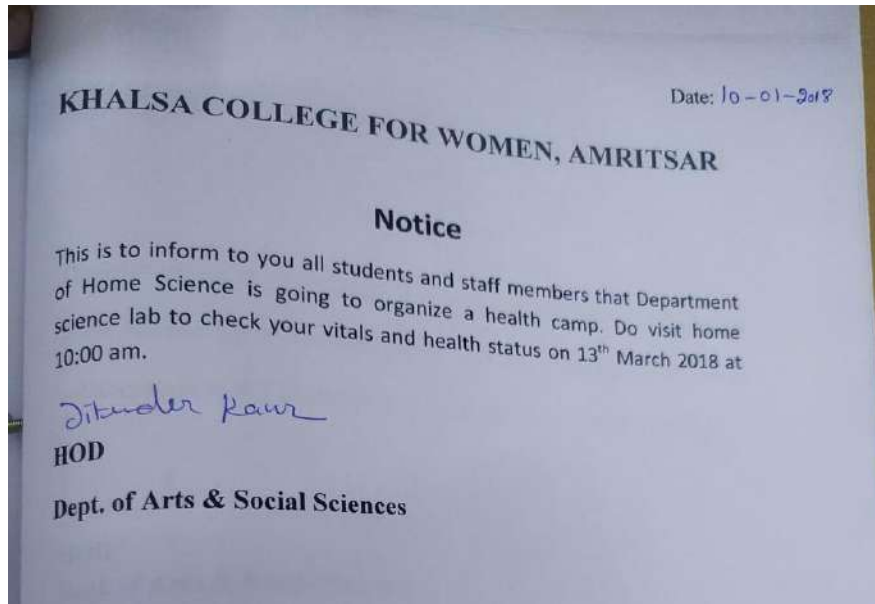


A health camp was organized in the college for all the students and staff to spread awareness about health check-ups and maintaining a healthy life on Dec 18, 2021 .

Medical Checkup Camp



Fat Check-up Camp



Free Fat Check-up was organized by the Dept. of Home Science for all the students and staff on March 13, 2018.

Blood Donation Camp
Organized By: Red Cross Unit in Collaboration with Guru
Nanak Dev Hospital, Amritsar



Blood Donation Camp was organized on Nov 26, 2017 by the Red Cross Unit of the college in collaboration with Guru Nanak Dev Hospital, Amritsar. The main aim of this camp was to raise awareness for the need of safe blood in the hour of emergency. Dr. Sukhbir Kaur Mahal, the Principal KCW, said that it gives immense contentment to be able to contribute towards society in this noble way.

Eco-Friendly Celebration of Festivals



Pollution free eco-friendly Diwali was celebrated through exhibitions of diyas, lamps, etc., folk songs, cafeterias of different food items like sarson ka saag and makki ki roti. Other festivals like Basant Panchami are also celebrated to give the message of harmony and compassion to the students.

Diwali Fest (Eco-friendly Diwali) Rangoli Making, Card Making and Flower Decoration



Dept. of Home Science organized a Diwali Fest on Oct 28, 2018 for the holistic development of students. Students created various rangoli designs, cards and explored their creativity in flower making. The purpose of this fest was to celebrate eco-friendly Diwali.

Seminar on Road Safety



Seminar on Traffic Rules



Seminar on Traffic rules was organized by NSS Dept. on April 9, 2019. Around 300 students attended the seminar and gained information about traffic rules and their legal laws.

Seminar on Cyber Crime



Seminar on Cyber Crime was organized to celebrate Cyber Awareness Day on Dec 1, 2021. S. Paramjeet Singh, Inspector District Saanjh Kendra and ASI, Ms. Poonam Sharma, was the chief guest of the event. Ms. Poonam Sharma provided information regarding cyber crime and S. Paramjeet Singh gave information regarding women helpdesk, shakti app and other women helpline numbers.

Workshop on Household Solid Management



NSS Unit and Red Cross unit organized a workshop on Household Solid Management under Swachh Survekshan 2021 on Oct 23, 2020.

**National Nutrition Week (Poster making Competition)
Lecture on Healthy Eating Habits and Importance of Breakfast by
Dietician, Ridhi Khanna**

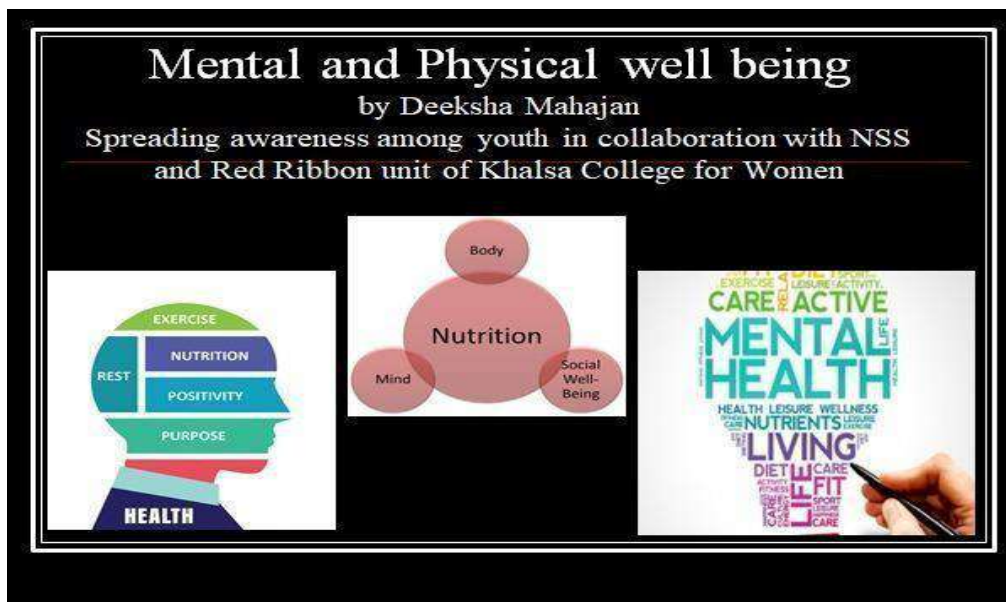


Awareness Campaign about Personal Hygiene and Proper Nutrition (Poshan Mah)



Seminar on Anemia and importance of Balanced Diet for Growing Girls by Mrs. Gurinder Suri was organized on Sept 18, 2019

Online Lecture on Mental and Physical Well Being



Online lecture on "Mental and Physical Well Being" was conducted by Mrs. Deeksha Mahajan, Academic Expert, in collaboration with NSS Department and Red Ribbon Unit of the College for spreading awareness among the youth.

Lecture on Menstrual Health and Hygiene



A special lecture was organized in which Pari Brand's staff department made the students aware about the important points related to menstruation on May 11, 2022.

Presentation on "Mission to Stop Female Foeticide" Dheen Pukardian (Daughter's Outcry) NGO



S. Kuldeep S Sra, President, Dheen Pukardian organization visited Khalsa College for Women, Amritsar on October 09, 2018 to sponsor education for needy girls to empower them with a head start in life. Principal Dr. Manpreet Kaur & staff extended warm welcome to him and highly appreciated his efforts to provide financial assistance to girls for their education. He delivered a presentation eliciting their mission to stop female foeticide by spreading awareness about its root causes. He emphasized on the endeavors to combat the growing inequality between the sexes and to check traditional dowry. He conducted an interview of about 28 needy girl students to provide them with annual scholarship. He motivated the students with the illustrations of powerful women who have contributed a lot to the society and have brought laurels to their families. The Honorary Secretary S. Rajinder Mohan Singh Ji Chhina applauded the missionary spirit of S. Kuldeep S Sra & his NGO. Principal Dr. Manpreet Kaur expressed gratitude for his noble cause and contribution and emphasized that strong women make strong world and education can empower and strengthen them on all fronts.

Lecture on Save the Girl Child



Kcw Amritsar

15 May · 



Protect the Girl Child Society of Khalsa College for Women, Asr organized a lecture on the topic 'Save the Girl Child' by Dr. Jashan and Dr. Anish of Guru Nanak Dev Hospital, Asr on May 11, 2022
See less

Seminar on Importance of Votes in Democracy



The Electoral Literacy Club organized a seminar on "The Importance of Votes" in Democracy under SVEEP Action Plan 2021" on August 28, 2021 to enhance democratic values and participation in electoral processes. S. Davinder Singh, HOD, Political Science department, graced the institution with his lecture and highlighted the importance of constructing a strong democracy by voting.

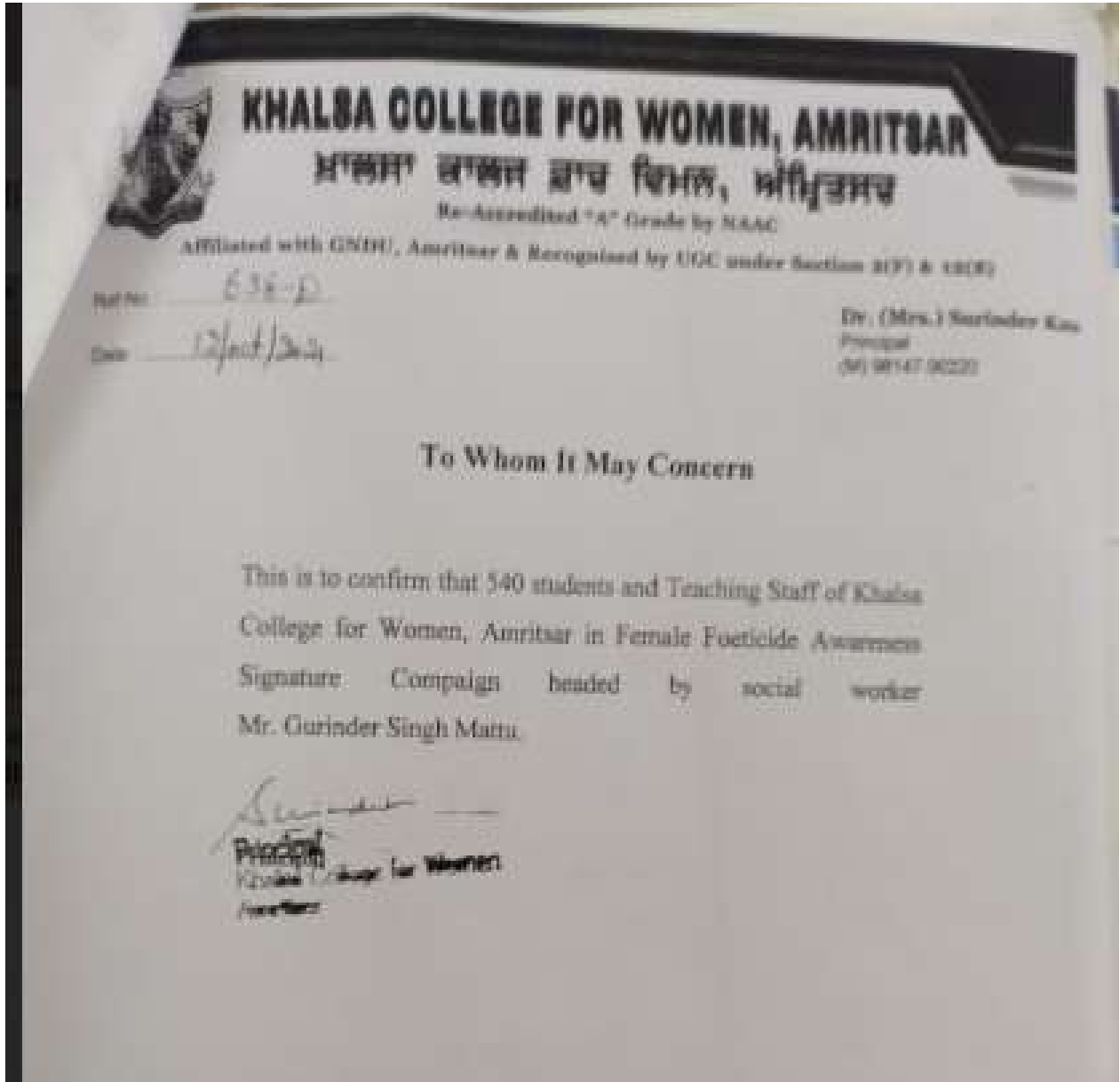
Inter College Poster Making Competition on HIV/AIDS



Poster Making on Awareness about Drug Abuse



Female Foeticide Awareness Signature Campaign



Anti Drug E-Pledge

The certificate is framed in gold with decorative corner motifs. It features the Ministry of Home Affairs logo and the 'myGov' logo. The central text reads: 'NARCOTICS CONTROL BUREAU Say Yes to Life, No to Drugs Certificate'. Below this, it states 'This is to certify that' followed by the name 'Kivandeep Kaur' in cursive. The text continues: 'has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.' A unique ID '7268972982' and a barcode are on the left, with the date 'February, 25 2022' below. A background illustration of medical supplies is on the right.

भारत सरकार
MINISTRY OF HOME AFFAIRS

myGov
मेरी सरकार

NARCOTICS CONTROL BUREAU
Say Yes to Life, No to Drugs
Certificate

This is to certify that

Kivandeep Kaur

has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.

7268972982

February, 25 2022

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भारत सरकार
MINISTRY OF HOME AFFAIRS

myGov
मेरी सरकार

NARCOTICS CONTROL BUREAU
Say Yes to Life, No to Drugs
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This is to certify that

Anshelpreet Kaur

has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.

683232274

February, 25 2022

The certificate is framed in gold with decorative corner motifs. It features the Ministry of Home Affairs logo and the 'myGov' logo. The central text reads: 'NARCOTICS CONTROL BUREAU Say Yes to Life, No to Drugs Certificate'. Below this, it states 'This is to certify that' followed by the name 'Pkhinder Kaur' in cursive. The text continues: 'has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.' A unique ID '8593864385' and a barcode are on the left, with the date 'February, 25 2022' below. A background illustration of medical supplies is on the right.

भारत सरकार
MINISTRY OF HOME AFFAIRS

myGov
मेरी सरकार

NARCOTICS CONTROL BUREAU
Say Yes to Life, No to Drugs
Certificate

This is to certify that

Pkhinder Kaur

has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.

8593864385

February, 25 2022

Anti Ragging Pledge

Khalsa College for Women, Amritsar
Anti Ragging Affidavit
Pledge

We, the Students of this college firmly resolve to take a pledge today that we withstand united in making this College "Ragging Free". We will not involve in ragging either in deed, action or thought in our personal lives. We promote fraternity and brotherhood with dignity to make this college a "Ragging Free" College.

Class: M.Sc (IT) Sem-I (2019-20)

Sr. No.	Roll No.	Signature	Sr. No.	Roll No.	Signature
1	5301	Namrata Kaur	21		
2	5302	Navya Kaur	22		
3	5303	Amanjit Kaur	23		
4	5304	Kawaljit Kaur	24		
5	5305	Lonepriya Kaur	25		
6	5306	Eeta Sharma	26		
7	5307	Mehak	27		
8	5308	Simran Thapa	28		
9	5309	Ravneet Kaur	29		
10	5310	Priyanka	30		
11	5311		31		
12	5312	Shivika Sharma	32		
13	5313	Harpal Kaur	33		
14	5314	Neha Rana	34		
15	5315	Riya Sharma	35		
16	5316	Komaldeep Kaur	36		
17	5317	Simranjit Kaur	37		
18	5318	Palvi Joshi	38		
19	5319	Komalpreet Kaur	39		
20	5320		40		

Class Teacher: _____ Principal: _____

Khalsa College for Women, Amritsar
Anti Ragging Affidavit
Pledge

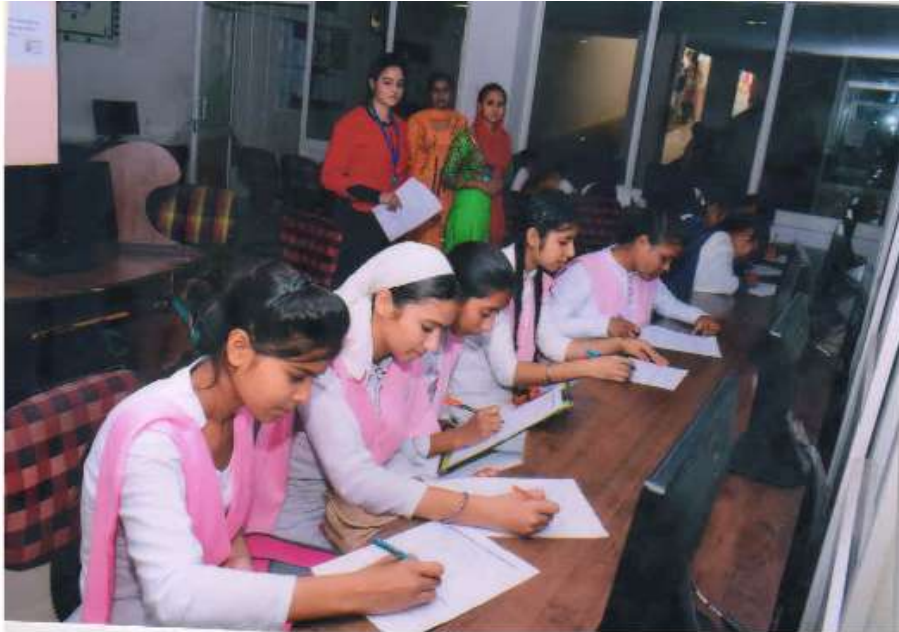
We, the Students of this college firmly resolve to take a pledge today that we withstand united in making this College "Ragging Free". We will not involve in ragging either in deed, action or thought in our personal lives. We promote fraternity and brotherhood with dignity to make this college a "Ragging Free" College.

Class: M.Com Sem I (2019-20)

Sr. No.	Roll No.	Signature	Sr. No.	Roll No.	Signature
1	5501	Harpreet Kaur	21	5521	Simran Kaur
2	5502	Simran Yadav	22	5522	Sukhleen Kaur
3	5503	Ashilasha	23	5523	Komalpreet Kaur
4	5504	Navika	24	5524	Gurleen Kaur
5	5505	Akhika Sharma	25	5525	Komalpreet Kaur
6	5506	Sukhdeep Kaur	26	5526	Navya Kaur
7	5507	Shivani	27		
8	5508	Janhika	28		
9	5509	Hardeep Kaur	29		
10	5510	Bukhrammal Kaur	30		
11	5511	Simran Kaur	31		
12	5512	Harshma Kaur	32		
13	5513	Anurita Kaur	33		
14	5514	Harpreet Kaur	34		
15	5515	Komaldeep	35		
16	5516	Leela	36		
17	5517	Navya Kaur	37		
18	5518	Prabhat Kaur	38		
19	5519	Dimple Kaur	39		
20	5520	Navya Kaur	40		

Class Teacher: _____ Principal: _____

Career Vision Programme



PG Dept of Computer Science organizes a Career Vision Programme for 10+2 Students. The students are made aware about the various courses after 10+2 and their career prospects. The main aim of the programme is to provide career guidance and counseling to the students of 10+2 from various local and rural schools.

Extension Activities carried out for the Holistic Development

International Yoga Day



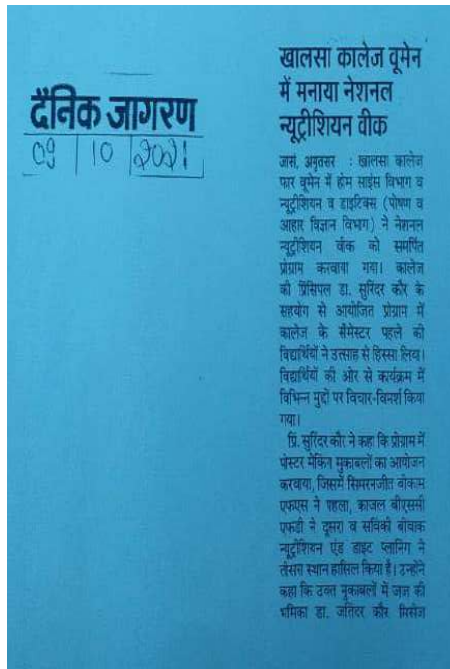
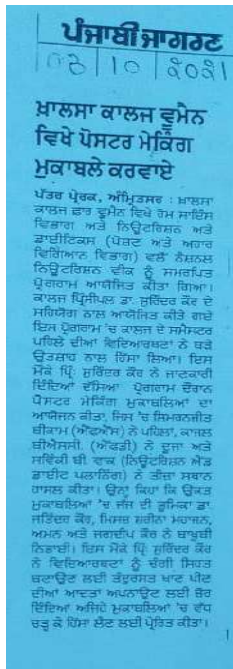
**Environment Restoration Day by Missionaries Khudai
Khidmatgaram, Sukhmani Seva Society**



World Environment Day(Slogan Writing/ Poster Making on the theme towards Cleaner Environment and Stronger Democracy)



National Nutrition Week (Poster Making Competition)



National Nutrition Week is celebrated as part of the National Nutrition Month during the first week of September with the objective of spreading awareness among masses about health and nutrition related topics. Dedicated to National Nutrition Week, Home Science Dept. along with the Dept. of Nutrition and Dietetics conducted a Poster Making Competition on Sept 4, 2021.

Lecture on World AIDS Day



International Day against Drug Abuse and Illicit Trafficking

Khalsa College For Women, Amritsar
Celebrates 26-6-19
As
"International Day against Drug
Abuse and illicit Trafficking"



Matrihasha Diwas Celebration



Matrihasha Diwas was celebrated in which various activities such as poetry, singing, essay writing, slogan writing competition, debate, singing, elocution were performed.

National Science Day Celebration



Poster Making Competition, Quiz Competition and Skit on Earth is Crying was organized on April 18, 2018 under National Science Day Celebration.

International Women's Day Celebration



Report on International Women's Day

As per the Action Plan of International Women's Day, outlined by Government of Punjab, the following activities were carried out successfully in Khalsa College for Women, Amritsar on March 08, 2021:-

- (1) A Unique campaign was organised in the college to encourage the girls to adopt strict attitude towards the use of derogatory words.
- (2) A lecture on nutrition, diet, anemia and physical fitness was also conducted by the staff from "Nutrition & Diet Planning" department.
- (3) Various fitness activities like walking, running, exercising, yoga, aerobics, self-defence and strength training were also organized in the college ground by the Physical Education department. The Staff & students participated with full zeal and enthusiasm in these activities.

Thus, the day was genuinely a Women's Day in the Women College.

Manpreet K
Principal
Khalsa College for Women
Amritsar

Oath Ceremony on Blood Donors Day



National Voters Day (Oath)



Yuva Sashaktikaran Diwas Oath Ceremony



NSS department of Khalsa College for Women, Amritsar organized an oath-taking ceremony on Shaheedi Diwas and to commemorate the death anniversary of S. Bhagat Singh. It's a matter of great honor for us to be able to contribute to the society and pay respect to the great freedom fighters and martyrs Bhagat Singh, Rajguru and Sukhdev on the occasion of Martyrs' Day (Shaheedi Diwas). Around 120 students participated in the oath taking ceremony.

Vigilance Awareness Week

Collaborating Agency: Punjab National Bank, Amritsar

Activities organized :

- A lecture on Eradicate Corruption : Build a New India
- Essay Writing Competition
- Pledge to eradicate corruption



Press Note

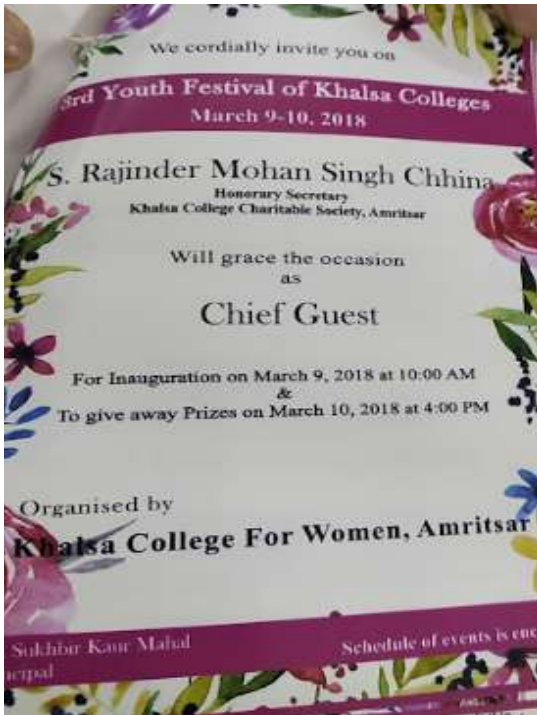
Khalsa College for Women, Amritsar in collaboration with Punjab National Bank Circle Office authorities conducted a lecture on 'Eradicate Corruption : Build a New India as on 3rd November, 2018. In pursuit of the vision of the Government of India to make a New India by the year 2022, which is the 75th anniversary of our independence, the Central Vigilance Commission, as the apex integrity institution of the country, endeavors to promote integrity, transparency and accountability in public life.

Besides this an essay writing competition was also held. More than 50 students participated in this event. Winners bagged cash prizes for Rs. 1000/-, Rs.700/-, Rs.550/- for Ist, IInd and IIIrd position respectively. Principal Dr. Manpreet Kaur congratulated the students, appreciated them for their performance and pledged to eradicate corruption in Indian society. She reminded the audience to work on the self to work on society. Parents and teachers have a great role to play to overcome the hurdles of corruption and dishonesty in India.

NCC Training



Khalsa Colleges' Youth Festival





Khalsa College for Women organized the 3rd, 4th, 5th and 6th two-day-inter-Khalsa Colleges Youth Festival in 2017, 2018, 2019 and 2021 respectively. Hundreds of students from 13 Khalsa Colleges under Khalsa College Governing Council (KCGC) competed for positions in the various competitive events. The Gidda, Bhangra, Jhoomer were the main attractions while the folk regional dances, fine arts, poetry, debates, singing, skit, mono acting, poster-making, extempore and paintings sought huge participation.


Principal
Khalsa College for Women,
Amritsar
