

Khalsa College for Women, Amritsar

Criterion : 3.4

Consolidated Report

DVV

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years

S.No	Name of the Program	Target Audience	No. of Participants	Organizing/Collaborating agency	Beneficiaries	Link to Newspaper Clipping
2021-22						
1	Van Maha Utsav	Society	35	Nature Care Club in collaboration with Rotary Club of Amritsar North	Adjoining Community	
2	Lecture on Applications of Computers to the students of Central Khalsa Orphanage , Amritsar	Students of Central Khalsa Orphanage , Amritsar	33	Computer Club	Central Khalsa Orphanage , Amritsar	
3	Seminar on Importance of Votes in Democracy	Society	84	Electoral Literacy Club	Society	

4	Webinar related to Buddy Groups	Youth	70	Anti Drug Abuse Committee in collaboration with Punjab Govt.	Youth	https://kcwasr.org/pdf/3.4.3%202021-22%20Newspaper%20Clippings.pdf
5	Tree Plantation	Society	10	NSS	Adjoining Community	
6	Environment Restoration Day	Society	30	Nature Care Club and Red Ribbon Club in collaboration with Missionaries Khudai Khidmatgaram , Sukhmani Seva Society	Society	
7	Poster Making Competition on National Nutrition Month	Management, Staff and visitors at Amandeep Hospital Amritsar	14	Amandeep Medicity Hospital Amritsar	Management, Staff and visitors at Amandeep Hospital Amritsar	

8	Recipe Making Competition	Management, Staff and visitors at Amandeep Hospital Amritsar	15	Amandeep Medicity Hospital Amritsar	Management, Staff and visitors at Amandeep Hospital Amritsar
9	Painting Competition	Local Community and Tourists	4	Golden Temple Management Amritsar	Community
10	Lecture on Waste Management	Society	45	Red Ribbon Club in collaboration with Nagar Nigam Amritsar	Society
11	Diwali Fest Exhibition	Public	320	Fashion Designing Dept., Mission Aagaaz	Mission Aagaaz NGO
12	Awareness Rally for Awareness to Vote	Public	45	Electoral Literacy Club	Adjoining Community

13	6th Khalsa Colleges' Youth Festival	Students	450	Youth Welfare Committee	Khalsa Institutes
14	Welcoming Prabhat Pheri	Local Residents	150	Divinity Committee and Student Council	Adjoining Community
15	Procession to Golden temple on Guru Nanak Dev Ji's Birthday	Public	700	Divinity Committee and Student Council	Public
16	Lecture on Road Safety and Traffic Awareness	Society	100	NSS	Society
17	Pledge on Constitution Day	Society	28	NSS	Society
18	Seminar on Cyber Crime	Society	70	NSS	Society

19	Lecture on World AIDS Day	Society	24	Red Ribbon Club	Society
20	Awareness Camp on Guidelines for Prevention of Covid-19	Construction Workers at GNDU	40	Dept. of Nutrition and Diet planning and Home Science	Construction Workers at GNDU
21	Distribution of Masks and Sanitizers	Construction Workers at GNDU	40	Dept. of Nutrition and Diet planning and Home Science	Construction Workers at GNDU
22	Health Checkup camp	Students and Staff	150	Red Cross Unit	Students and Staff
23	Online Lecture on Teachings of Swami Vivekanand	Youth	70	NSS	Youth

24	Lecture on water conservation and save earth	Society	500	Dilbir Foundation Amritsar	Society
25	7 Day NSS Camp	Residents of Kot Khalsa Village	100	NSS	Village Kot Khalsa
26	Online Lecture on National Girl Child Day	Women	40	NSS	Society
27	Interactive Session "Rubaru"	Society	13	UGC Approved Research Journal Shiraza	Society
28	Webinar on Sri Guru Teg Bahadur Ji Di Bani: Naaitik Mul	Alumni	84	Alumni Committee	Alumni
29	Discussion on Punjabi Language	Society	18	Team from Department of Language Punjab	Society

30	7th Amritsar Sahit Utsav 2022	Local Community	545	Naad Pargaas	Community
31	Set up of Model and Pink Polling Booth	Public	500	Electoral Literacy Club	Adjoining Community
32	Anti Drug E-Pledge	Youth	320	Anti Drug Prevention Committee	Youth
33	Participation at Flower Show: Spring 2022	Public	8	Khalsa College Amritsar	Gardeners
34	Attended National webinar on cyber security for women on International Women Day	Women	4	Computer Club	Students
35	Participation at Flower Show	Public	8	GNDU Amritsar	Gardeners

36	Career Vision-2022	Children	240	PG Dept. of Computer Science	Local Schools
37	Students Volunteered as Medical Professionals and Non Clinical Volunteers	Public	36	District Special Olympic Association, Amritsar and Samagra Shiksha Abhiyan Authority, Amritsar. Under Azadi ka Amrit Mahotsav	Athletes (persons with intellectual disability)
38	Theatrical Choreography on the theme A Good Routine	Public	20	District Special Olympic Association, Amritsar and Samagra Shiksha Abhiyan Authority, Amritsar. Under Azadi ka Amrit Mahotsav	Athletes (persons with intellectual disability)
39	Lecture on Andhra Pradesh	Society	45	Ek Bharat Shreshtha Bharat Club	Society

40	Kirtan on Birth Anniversary of Sri Guru Angad Dev Ji	Local Community	6	Khalsa College Charitable Society	Khalsa Institutes and local Community
41	International Webinar on Healthy Eating	Society	83	PG Dept. of Computer Science, Drug Prevention Committee, Red Ribbon Club	Society
42	Nukkad Naatak Vehngi	Society	80	Red Arts Punjab Organization	Society
43	Lecture on Menstrual Health & Hygiene	Women	670	Pari Brand	Society
44	Lecture on the topic Save the Girl Child	Girls	55	Protect the Girl Child Society in collaboration with Guru Nanak Dev Hospital Amritsar	Guru Nanak Dev Hospital Amritsar
45	Teaching Telugu	Society	45	Ek Bharat Shreshtha Bharat Club	Society

46	Extension Lecture on Service to Humanity: Mission of Sikhism	Society	55	Khalsa Global Reach Foundation	Students, Staff
47	World Environment Day(Slogan Writing/ Poster Making on the theme towards Cleaner Environment and Stronger Democracy)	Community	15	Election Registration Office 16 Amritsar	Community
48	Extension Lecture on Save Environment and Tree Plantation	Community	55	NSS in collaboration with Rotary Club Amritsar	Rotary Club
49	Oath Ceremony on Blood Donors Day	Community	22	Red Cross Unit	Society
50	Screening of a Documentary Feature Film presenting a 24 episode series on the	Community	500	Khalsa College Charitable Society Amritsar	Khalsa Institutes

	travels of Guru Nanak Dev Ji					
51	Cycle Rally	Adjoining Community	30	NSS	Adjoining Community	
52	Tree Plantation	Adjoining Community	25	Rotract Club in collaboration with Amritsar Rotary Club(North), Haryaval Punjab	Local Community	
2020-21						
53	Awareness Campaign on Covid-19:Coronavirus through posters	Local Public	25	NSS	Adjoining Community	

54	Tree Plantation and Lecture on Importance of growing and saving trees	Adjoining Community	15	Rotary Club(North)	Adjoining Community and team from Rotary Club(North)
55	Training of Community Volunteers in Disaster Response	Society	5	NSS Dept. GNDU Amritsar	NSS Volunteers
56	Webinar on Lecture Programme to talk about own state with paired state	Youth	12	Ministry of Youth Affairs and Sports	NSS Volunteers
57	Tree Plantation	Adjoining Community	13	NSS	Adjoining Community
58	Poshan Maah	Society	200	Home Science and Nutrition and Diet Planning Dept. in collaboration with Save the Girl Child Society	Society

<https://kcwasr.org/pdf/3.4.3%20Newspaper%20Clippings%202020-21.pdf>

59	Online Yoga Session	Staff, Parents, Students	88	Home Science Dept.	Staff, Parents, Students
60	Share/Like Facebook Pride of Punjab Program	Community	250	NSS	Community
61	Workshop on Household Solid Management	Society	45	NSS and Red Cross Unit	Society
62	Exhibition of HandCrafted Products	Students and Staff	110	Agosh Society Amritsar	Special children at Agosh Society
63	Diwali Khed Mela	Staff	400	Sports Committee	Staff
64	Procession to Golden Temple	Public	150	Divinity Committee in collaboration with Khalsa College Charitable Society	Public

65	National Voters Day Oath	Community	459	Electortal Literacy Club	New Voters
66	Road Safety March	Public	78	NSS	Local Public
67	6th Amritsar Saahit Utsav (Seminar, Panel Discussion, Basant Raag Gayan, Chadya Basant Kavi Darbar)	Local Community	500	Naad Pargaas Amritsar	Society
68	Participation at Flower show Spring 2021	Public	5	Khalsa College Amritsar	Gardeners
69	Online Seminar on Women's health Safety	Women	19	Dept. of Home Science	Society
70	International Women's Day Celebration	Women	80	NSS	Staff and Students

71	International Women's Day Celebration Poster Making Competition	Women	25	NSS	Adjoining Community
72	Poshan Pakhwada 2021	Society	110	NSS and Dept. of Nutrition and Diet Planning	Society
73	Participation at Spring Festival 2021	Public	6	GNDU Amritsar	Gardeners
74	Online Pledge on the theme based on "Commit to Quit" on World No Tobacco Day	Youth	35	Anti Drug Prevention Committee	Youth
75	Buddy Week(Online Mode)	Students and Guardians	50	Anti Drug Prevention Committee	Society
76	Kirtan on the Birth Anniversary of Guru Hargobind Singh Ji	Public	6	Dept. of Music in collaboration with Khalsa COLlege	Khalsa Institutes and local Community

Charitable Society
Amritsar

2019-20

77	Awareness Camp on Water Conservation and Tree Plantation	Society	400	NSS, Nature care Club	Society
78	Lecture on Road Safety Rules	Society	500	NSS	Society
79	NSS Golden Jubilee Day Celebration(Tree Plantation, Rally, Pledge, Cleanliness Drive)	Adjoining Community	90	NSS	Adjoining Community
80	Teej Festival, Tree Plantation and Independence Day Celebration	Society	100	Youth Welfare Committee and NSS	Society

81	Lecture on the awareness of Drug Abuse at Govt. Sr. Sec. School Kot Khalsa	Children	100	Anti Drug Abuse Committee	Govt. Sr. Sec. School Kot Khalsa	https://kcwasr.org/pdf/3.4.3%202019-20%20Newspaper%20Clippings%20.pdf
82	National Nutrition Month	Society	120	Home Science Dept.	Society	
83	Participation at Pre RD Camp	Public	2	NSS	Public	
84	Poster Making Competition	Community	25	Anti Drug Prevention Committee	Adjoining Community	
85	Live Painting Competition at Golden Temple Asr	Public	2	Dept. of Fine Arts	Public	
86	Training on Elector Verification Programme and Mobile App Voter Helpline		125	ERO-16 Amritsar-West	New Voters	

87	Swachhta Abhiyaan at Amritsar Railway Station	Public	40	NSS	Public at Railway Station Amritsar
88	Stubble Burning Campaign at various Villages	Village Residents	50	NSS	25 Villages
89	Light and Sound Theatrical Performance "Noor Dian Perran"	Khalsa Colleges Management Committee Members, members from other Khalsa Institutes and Students	700	Youth Welfare Committee	Khalsa Colleges Management Committee and Khalsa institutes
90	Kirtan on the Birth Anniversary of Guru Ram Das Ji	Local Community	700	Khalsa College Charitable Society Amritsar	Khalsa Institutes and local Community

91	Prabhat Pheri	Local Community	200	Hostel and Divinity Committee	Local Community
92	Anti Drug Abuse Rally	Local Community	120	Anti Drugs Abuse Committee	Adjoining Community
93	Procession on Guru Nanak Dev Ji's Birthday (550th Birth Anniversary Celebrations of Guru Nanak Dev Ji) March past from College to Golden Temple Amritsar	Public	800	Khalsa College Charitable Society Amritsar	Public
94	Folk Art Exhibition	Local Public	50	Khalsa College for women in collaboration with Khalsa College of Education G.T. Road Amritsar at GNDU Amritsar	Public

95	Book Release Ceremony of Book Akash Ganga	Local Public	45	Khalsa College Charitable Society Amritsar	Public
96	Seven Day NSS Camp	Community	112	NSS	Community
97	Swachhata Pakhwara(Activities: Swachhta Pledge, Poster Making, Speech, Cleanliness Drive, Best Out of Waste)	Community	150	NSS	Community
98	Fit India Cyclothon, Walkathon and Rally	Public	85	NSS	Local public, Children of Khalsa Girls School Amritsar
99	Seminar on book Kaava sirjana and Kachi Mitti	Community	70	Naad Pargaas	Naad Pargaas

100	Talk on Importance of Votes	Community	68	Electoral Literacy Club	Community
101	Poetry and Debate Competition	Community	2	Guru Gobind Singh Study Circle	Team of Guru Gobind Singh Study Circle
102	Awareness about special App made by Police for safety of girls	Girls	300	Punjab Traffic Police	Community
103	Lecture on Cervical Cancer	Women	60	Phulkari Kain Organization	Staff and Students
104	Nukkar Natak Arsh to Farsh	Community	960	Youth Welfare Committee	Community
105	5th Khalsa Colleges' Youth Festival	Students	450	Youth Welfare Committee	Students of different Khalsa Institutes

106	The three day Amritsar Literature Festival	Public	500	Naad Pargaas	Local Community
107	Adoption of Village Kot Khalsa	Residents of Village Kot Khalsa	20	NSS	Village Kot Khalsa
108	Swachh Sarvekshan 2020	Adjoining Community	40	NSS	Adjoining Community
109	Masks Prepared by the Dept. of Fashion Designing and handed over to Deputy Commissioner and Police Commissioner, Amritsar	Public	40	FD Dept.	Public
110	Ration and Mask Supply during lockdown	Local Community	20	NSS	Local Community

111	Share Mission Fateh Guidelines On Facebook and College Website	Public	200	NSS	Public	
112	Lecture on Preventive Measures during Covid-19	Non Teaching Staff	24	PG Dept. of Computer Science	Non Teaching Staff	
113	Corona Awareness Campaign(Downloading of COVA App, Mission Warrior Contest)	Community	215	NSS	Community	
2018-19						
114	Tree Plantation and Environment Awareness Rally	Adjoining Community	35	NSS	Adjoining Community	https://kcwasr.org/pdf/3.4.3%202018-19%20Newspaper%20Clippings%20.pdf
115	Cleanliness Drive and presentation of video clippings related to	Four Villages	100	NSS	Rural areas of Ajnala, Majitha,	

	cleanliness at various villages				Gumtala and Bhikhiwind
116	Book Release of Book Aakal Takhat Revisiting Miri in Political Imagination	Public	800	Naad Pargaas Amritsar	Naad Pargaas
117	Swachhta Pakhwada	Adjoining Community	150	NSS	Adjoining Community
118	Kirtan Darbar	Local Community and Khalsa Institutes	5	Khalsa College Governing Council Amritsar	Local Community and Khalsa Institutes
119	Bharat Raksha Purab Rath Yatra	Soldiers	12	Dainik Bhaskar Amritsar	Soldiers
120	Plantation of 60 Plants in the campus	Adjoining Community	150	IMPACT Organization	Adjoining Community

121	Anti Drugs Abuse Campaign	Youth	530	Drug Prevention Committee	Youth
122	Cleanliness Drive	Public	150	NSS	Adjoining Areas
123	Medical Checkup camp	Students and Staff	120	Red Cross Unit	Students and Staff
124	A short video film on "Mission to stop female feticide"	Society	413	Protect the Girl Child Society in collaboration with Dheean Pukardian NGO	Society
125	District Level workshop of Red Ribbon Clubs	Red Ribbon Clubs of various Colleges	55	Red Ribbon Club in Collaboration with Directorate of Youth Services Punjab	Red Ribbon Clubs of various Colleges
126	Awareness Rally	Public	400	NSS and Drug Prevention Committee	Adjoining Community

127	Vigilance Awareness Week (A lecture on Eradicate Corruption : Build a New India Essay Writing Competition, Pledge)	Community	55	Punjab National Bank Amritsar	Students and team of PNB
128	Pollution free Green Diwali(Folk songs, Lecture on Healthy Eating, Exhibition of Diyas, Lamps etc)	Students	467	Student Council and Mission Aagaaz	Mission Aagaaz
129	Career Vision	Children at Local Schools	800	PG Dept of Computer Science	Local Schools
130	Welcoming Prabhat Pheri	Local Community	130	Divinity Committee	Local Community
131	Procession on Guru Nanak Dev ji's birthday	Public	1000	Khalsa College Charitable Society	Public

132	Bhai Vir Singh Flower and Plants show competition	Public	5	GNDU Asr	Gardeners
133	7 day NSS Camp at Village Kot Khalsa Amritsar	Residents of Kot Khalsa Village	120	NSS	Village Kot Khalsa
134	Awareness of Swachhta App	Society	150	Municipal Corporation Amritsar	Society
135	Participation at District Level Youth Parliament	Youth	2	NSS	2 Students
136	Extension Lecture on Ethics and Spirituality	Society	500	Sehaj Paath Sanstha	Society
137	National Voter Day(Pledge, Debate Competition, Essay Writing, Competition)	Society	100	NSS	Society

138	Participation at State Level Youth Parliament	Youth	1	NSS	One Student
139	The 8th Amritsar International Folk Festival	Students	50	Youth Welfare Committee in collaboration with Punjab Cultural Promotion Council	Khalsa Institutes and dance troupe from Poland
140	4th Khalsa Colleges Youth Festival	Students	440	Youth Welfare Committee	Khalsa Institutes
141	Swachata Awareness Campaign	Society	55	Ministry of Information and Broadcasting and Municipal Corporation Amritsar	Society
142	Amritsar Saahit Utsav 2019	Public	490	Naad Pargaas	Local Community

143	Spring Flower-cum-Plant Show	Public	8	Botanical and Environmental Sciences department of Guru Nanak Dev University Amritsar	Gardeners
144	Awareness about Mounting Reflectors on Tractors/Trollies to villagers of village Kot Khalsa	Residents of Village Kot Khalsa	25	NSS	Village Kot Khalsa
145	Awareness Rally on Importance of Votes	Adjoining Community	50	NSS	Adjoining Community
146	Seminar on Traffic Rules	Society	300	NSS	Society
147	Awareness Rally, Poster Making Competition, Awareness Rally at adopted Village	Residents of Village Kot Khalsa	32	NSS	Village Kot Khalsa

148	Adoption of Kot Khalsa Village	Residents of Village Kot Khalsa	12	Anti Drug Prevention Committee	Village Kot Khalsa	
149	Kirtan at Guru Angad dev ji's Birth Anniversary	Local Community and Khalsa Institutes	300	Khalsa College Governing Council	Local Community and Khalsa Institutes	
2017-18						
150	National Festival of Tree Planting	Adjoining Community	13	NSS in collaboration with Life Insurance Corporation of India	Adjoining Community	
151	Pledge for the dignity of women	Society	48	NSS	Society	https://kcwasr.org/pdf/3.4.3%202017-18%20newspaper%20Clippings.pdf
152	Swachh Bharat Abhiyaan Rally	Adjoining Community	65	NSS	Adjoining Community	

153	Tree Plantation	Adjoining Community	30	NSS	Adjoining Community
154	Seminar on Road Safety	Society	500	NSS	Society
155	Rashtriya Ekta Diwas Celebrations	Society	400	NSS	Society
156	Prabhat Pheri	Local Community	700	Khalsa College Governing Council Amritsar	Local Community and Khalsa Institutes
157	Procession on Birth Anniversary of Guru Nanak Dev Ji	Public	1000	Khalsa College Governing Council Amritsar	Public
158	Book Release Ceremony of book The Quest Continues: The Lost	Public	500	Dilbir Foundation Amritsar	Society

	Sikh Heritage- The Sikh Legacy in Punjab					
159	Blood Donation Camp	Local Community	125	Red Cross Unit in Collaboration with Guru Nanak Dev Hospital Amritsar	Local Community	
160	National Voter Day	Society	400	NSS	Society	
161	Training on Embroidery to the students of Preet Vocational School Amritsar	Children of Preet Vocational School Amritsar	30	PG Dept. of Fashion Designing	Preet Vocational School Amritsar	
162	Career Vision	Children	300	Computer Science Dept.	Local Schools	
163	Naad Pargaas Sahit Utsav-2018	Local Community	650	Naad Pargaas Amritsar	Local Community	

164	3rd Khalsa Colleges Youth Festival	Khalsa Institutes	470	Youth Welfare Committee	Khalsa Institutes
165	Fat check up Camp	Students and Staff	250	Home Science Dept.	Students and Staff
166	Yuva Shaktikaran Diwas (Oath Ceremony)	Society	120	NSS	Society
167	Pledge against drugs for drug free society	Society	120	Drug Abuse Prevention Committee	Society
168	Medical Checkup camp	Local Community	133	Red Ribbon Club, Red Cross Society, Mission Aagaaz	Local Community
169	Kirtan on Sri Guru Angad Dev Ji's Prakash Purab	Local Community	700	Khalsa College Governing Council Amritsar	Khalsa Institutes and local Community

170	Langar Sewa	Local Community	1000	Divinity Committee	Local Community	
171	Cleanliness Drive	Adjoining Community	50	NSS	Adjoining Areas	