

# Alumni Chronicle

IN-TOUCH



Khalsa College for Women,  
Amritsar

ACCREDITED GRADE 'A' BY NAAC (3RD CYCLE)





**MRS. KIRANDEEP KAUR**

*Dean Alumni*



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## ***A letter from Dean Alumni***

Dear Alumni

*Greetings from your Alma mater!*

I hope you are keeping good health, doing well and earning laurels for yourself and your organization, family and of course, for your alma mater. You embarked on your journey in KCW in pursuit of knowledge and with an ambition to build an illustrious career. In the course of your stay, your alma mater played a pivotal role in moulding your personality, building strong relationships and imbibing responsibility. It laid a strong foundation for your success and achievements. As you know, we at KCW believe in developing socially conscious managers, leaders, and entrepreneurs. We are sure you are evolving in this direction.

We are excited to share that we have some new and innovative programs on the horizon. KCW faculty and staff have been working diligently to develop innovative initiatives that align with emerging trends in the field of social work. These programs will equip our students with the knowledge, skills and competencies necessary to address the complex challenges of our ever-changing society. Stay tuned for more updates as we continue to expand our educational offerings.

As our treasured alumni, your continuous support and engagement are invaluable to us. We encourage you to join us in celebrating our successes. Your contributions, whether through networking, advocacy, or our Career Connections program play a crucial role in shaping the future of our institution.

We are thrilled to release the first edition of the KCW Alumni Chronicles: In-Touch. We have started small this year with a number of contributions from our alumni. We believe that this issue has something in store for everybody and hope that you have as much fun reading it as we did putting it together. This new source can also be a place to inform graduates about an alumni fundraising campaign or promote other ways graduates can give back to their school. Engaging with alumni through a magazine or newsletter offers readers the news and information they crave while sharing ways for them to give back to the institute.

We look forward to keeping you informed about our upcoming events and initiatives. Please stay connected with us through our alumni network and social media channels. Together we'll continue to build a strong community of social work professionals dedicated to making a positive difference in the world. I encourage you to remain engaged in our campus community throughout the session.

The best is yet to come and I look forward to working with you as we chart the next chapter together.



**Dr. SHARANJEET KAUR**

*President, Alumni*



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ਮੈਂ ਐਲੂਮਨੀ ਐਸੋਸੀਏਸ਼ਨ ਦੀ ਪ੍ਰੈਜ਼ੀਡੈਂਟ ਹੋਣ ਨਾਤੇ ਇਸ ਮੈਗਜ਼ੀਨ ਦਾ ਹਿੱਸਾ ਬਣਨ ਵਾਲੀ ਹਰ ਕਲਮ ਦਾ ਸਵਾਗਤ ਕਰਦੀ ਹਾਂ। ਮੈਨੂੰ ਇਹ ਕਹਿੰਦਿਆਂ ਬੇਹੱਦ ਫ਼ਖ਼ਰ ਮਹਿਸੂਸ ਹੋ ਰਿਹਾ ਹੈ ਕਿ ਆਪ ਸਭ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਸਾਡਾ ਇਹ ਸੰਗਠਨ ਨਿਰੰਤਰ ਕਰਮਸ਼ੀਲ ਹੈ...ਤੇ ਸ਼ਾਲਾ ਹੋਰ ਸਿਖਰਾਂ ਨੂੰ ਛੂਹੇ। ਮੇਰੀ ਦਿਲੀ ਕਾਮਨਾ ਵੀ ਹੈ ਕਿ ਆਪ ਸਭ ਦੀਆਂ ਤਰੱਕੀਆਂ ਦੇ ਨਾਲ ਇਸ ਸੰਸਥਾ ਦਾ ਰੁਤਬਾ ਹੋਰ ਬੁਲੰਦ ਹੁੰਦਾ ਰਹੇ।

ਕੋਈ ਦੇ ਰਾਇ ਨਹੀਂ ਕਿ ਸਾਡੇ ਜੀਵਨ ਪੰਧ ਦੀ ਸਾਰਥਕਤਾ ਵਿਚ ਘਰੇਲੂ ਵਾਤਾਵਰਨ ਤੋਂ ਇਲਾਵਾ ਸਾਡੀ ਮਾਣਮੱਤੀ ਵਿਦਿਅਕ ਸੰਸਥਾ ਅਤੇ ਅਧਿਆਪਕਾਂ ਦੇ ਪਿਆਰ, ਸਨੇਹ ਤੇ ਮੋਹ ਦਾ ਅਹਿਮ ਰੋਲ ਹੁੰਦਾ ਹੈ। ਮੈਨੂੰ ਇੰਜ ਵੀ ਅਨੁਭਵ ਹੁੰਦਾ ਹੈ ਕਿ ਜਦੋਂ ਵੀ ਆਪਣੇ ਨਾਲ ਜੁੜੀ ਵਿਦਿਅਕ ਸੰਸਥਾ ਦਾ ਕਿਤੇ ਵੀ ਜ਼ਿਕਰ ਹੁੰਦਾ ਹੈ ਤਾਂ ਸਾਡੇ ਅੰਦਰ ਇਕ ਵਿਲੱਖਣ ਜਿਹਾ ਨਿੱਘਾ ਅਹਿਸਾਸ ਅਤੇ ਖੇੜਾ ਤਰੰਗਤ ਹੋ ਜਾਂਦਾ ਹੈ।

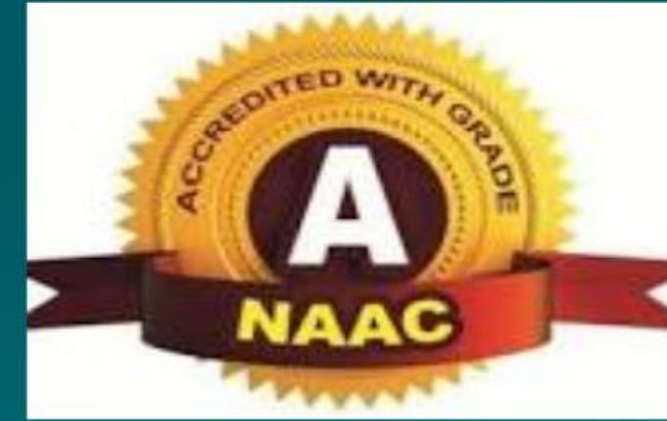
ਆਪ ਸਭ ਮੇਰੇ ਨਾਲ ਸਹਿਮਤ ਹੋਵੋਗੇ ਕਿ ਸਾਡੀ ਸੰਸਥਾ ਖ਼ਾਲਸਾ ਕਾਲਜ ਫ਼ਾਰ ਵਿਮਨ ਨੇ ਅਕਾਦਮਿਕ, ਖੇਡਾਂ ਅਤੇ ਸਭਿਆਚਾਰਕ ਗਤੀਵਿਧੀਆਂ ਦੇ ਨਾਲ ਨਾਲ ਨਾਰੀ ਸਸ਼ਕਤੀਕਰਨ ਨੂੰ ਵੀ ਸਦਾ ਪ੍ਰਫੁੱਲਤ ਕਰਨ ਦਾ ਬੀੜਾ ਚੁੱਕਿਆ ਹੈ। ਤੇ ਆਪ ਸਭ ਨੇ ਆਪੋ-ਆਪਣੇ ਖੇਤਰ ਵਿੱਚ ਮੱਲਾਂ ਮਾਰ ਕੇ ਇਸਦਾ ਪ੍ਰਤੱਖ ਪ੍ਰਮਾਣ ਸਾਬਿਤ ਵੀ ਕੀਤਾ ਹੈ। ਮੈਂ ਐਲੂਮਨੀ ਐਸੋਸੀਏਸ਼ਨ ਵਿੱਚ ਵੀ ਆਪ ਸਭ ਤੋਂ ਇਸੇ ਤਰ੍ਹਾਂ ਦੇ ਮੁੱਲਵਾਨ ਹੁੰਗਾਰੇ ਦੀ ਆਸ ਕਰਦੀ ਹਾਂ। ਤੁਹਾਡੇ ਕੀਮਤੀ ਸੁਝਾਅ ਸਾਡੇ ਕਦਮਾਂ ਨੂੰ ਗਤੀ ਵੀ ਬਖਸ਼ਣਗੇ ਅਤੇ ਯਕੀਨਨ ਨਵੇਂ ਆਯਾਮ ਵੀ ਪੈਦਾ ਕਰਨਗੇ। ਸੋ ਅਖੀਰ ਵਿੱਚ ਮੈਂ ਆਪਣੀ ਸਮੁੱਚੀ ਐਲੂਮਨੀ ਐਸੋਸੀਏਸ਼ਨ ਨੂੰ ਇਸ ਮੈਗਜ਼ੀਨ ਦੇ ਛਪਣ ਦੀ ਮੁਬਾਰਕਬਾਦ ਦਿੰਦੀ ਹੋਈ ਆਪ ਸਭ ਦੇ ਉਜਵਲ ਭਵਿੱਖ ਦੀ ਕਾਮਨਾ ਕਰਦੀ ਹਾਂ।

# Achievements

## Khalsa College For Women Amritsar

Proudly Announces

Conferment of  
**UGC Autonomous Status**  
from Academic Year 2023-24 for 10 Years



Accredited by NAAC with

### A Grade (3rd Cycle)

3.22 CGPA on 4 Point Scale

## The Saveria Times

### KCW Amritsar Granted Autonomous Status, Aiming for Academic Excellence

The college would also have autonomy to frame its syllabi, introduce new courses and implement CBCS

@TheSaveriaTimes  
Network



**Amritsar** : Khalsa College for Women (KCW), Amritsar, accredited 'A' grade by NAAC and affiliated to Guru Nanak Dev University, has been conferred the Autonomous Status by University Grants Commission, New Delhi vide its letter no. F.2-10/2023 (AC-Policy) dated 26-09-2023. Taking pride in this

remarkable achievement, the college principal, Dr. Surinder Kaur, said that the institute aims to sustain the highest Universal standards in education and to impart world class education to its female students. She emphasized that the college would have more academic and operational autonomy.

The college would also have autonomy to frame its syllabi, introduce new courses, implement Choice Based Credit System and to collaborate with foreign Universities. With the purpose to make its students globally employable, a range of new courses at UG & PG levels are initiated.

Khalsa College for Women Hosts Carnival Focused on Skill Development and Entrepreneurship

**Amritsar:** Khalsa College for Women today organized a colorful carnival 2024 program, students were emphasized on learning and earning skills by acquiring skills. College Principal Dr. On the occasion of this program conducted under the worthy leadership of Surinder Kaur, the director of Little Flower Senior Secondary School Mrs. Tajinder Kaur Chhina was the chief guest and member of Khalsa College Governing Council and former principal of the college Dr. Sukhbir Kaur Mahal, Principal Dr. Surinder Kaur and others, students performing painting, phulkari, designs made from waste materials and other equipment etc. By doing this, they become a good source of income. With this, where students get a golden opportunity to present their art sample organizations make at



Mrs. Tajinder Kaur Chhina inaugurating the Carnival along with Dr. Sukhbir Kaur Mahal, Principal Dr. Surinder Kaur and others, students performing

Skilled workers from other institutions joined college students in demonstrating their crafts, emphasizing practical skill development

खालसा कॉलेज फॉर वूमैन में फैशन बुटीक का हुआ शुभारंभ

**ਸਵੇਰਾ ਨਿਯੁਕਤ/ਗਾਜ਼ਟ**  
ਅਮ੍ਰਿਤਸਰ, 22 ਅਗਸਤ: ਖਾਲਸਾ ਕਾਲਜ ਫੌਰ ਵੂਮੈਨ ਦੇ ਪੋਸਟਗ੍ਰੇਜੂਏਟ ਫੈਸ਼ਨ ਡਿਜ਼ਾਈਨਿੰਗ ਵਿਭਾਗ ਦੁਆਰਾ ਵਿਜਨ ਨਾਮਕ ਫੈਸ਼ਨ ਬੂਟੀਕ ਦਾ ਉਦਘਾਟਨ ਕੀਤਾ ਗਿਆ। ਕਾਲਜ ਪ੍ਰਿੰਸਿਪਲ ਡਾਕਟਰ ਸੁਰਿੰਦਰ ਕੌਰ ਦੇ ਸਹਯੋਗ ਤੋਂ ਕਰਵਾਏ ਸਮਾਗਮ ਵਿੱਚ ਮਹਿਮਾਨ ਸਿੰਗਲਾ ਵਲਕਾਰ ਡਿਪਟੀ ਏਡਵੋਕੇਟ ਜਨਰਲ ਹਰਿਆਣਾ ਨੇ ਮੁੱਖ ਮੇਹਮਾਨ ਦੇ ਰੂਪ ਵਿੱਚ ਸ਼ਿਰਕਤ ਕੀਤੀ। ਇਸ ਸਮੇਂ ਕੋਰ ਨੇ ਵਿਭਾਗ ਨੂੰ ਸ਼ੁਭਕਾਮਨਾਵਾਂ ਵਜੋਂ ਵਧਾਈ ਦੇਣ ਵਾਲੀ ਸੀ ਕਿ ਇਸ ਕੰਮ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਿਖਲਾਈ ਵੀ ਹੋਵੇਗੀ ਅਤੇ ਉਨ੍ਹਾਂ ਨੂੰ ਕਮਾਈ ਦਾ ਸਾਧਨ ਵੀ ਮੁਹੱਬਾ ਹੋਵੇਗਾ। ਉਨ੍ਹਾਂ ਨੇ ਕਿਹਾ ਕਿ ਇਸੇ ਕੰਮ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਫਲਤਾ ਤੇ ਪ੍ਰੇਰਿਤ ਕਰੇਗਾ। ਮਹਾਨ ਮੇਹਮਾਨਾਂ ਦੇ ਪ੍ਰੇਰਿਤ ਕਰਨੇ ਵਾਲੇ ਸਨ। ਮਹਾਨ ਮੇਹਮਾਨਾਂ ਨੇ ਕਾਲਜ ਦੀ ਅਧਿਐਕਟਿਵ ਤੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਕਮ ਮੁੱਲ ਪਰ ਬੂਟੀਕ ਤੋਂ ਪ੍ਰਸਿਧੀ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦੇ ਹਨ। ਇਸ ਅਵਸਰ ਪਰ ਸਮੂਹ ਸਟਾਫ਼ ਹਾਜ਼ਿਰ ਸੀ।



Khalsa College for Women Amritsar Alumni Meet 2024



**Khalsa College for Women, Amritsar**

Open for All  
**CARNIVAL**  
2024  
30th March, 2024

Entry Ticket: Rs.50 per person  
On the spot entry fee: Rs.100/-  
From 10 AM to 7 PM

Chief Guest: Mrs. Tajinder Chhina  
Legendary Performance by the Icons

**Sponsors**  
Chanakya, Lakme, Cyberage Multimed

For Tickets Contact: [Contact Info]

ਖਾਲਸਾ ਕਾਲਜ ਵੂਮੈਨ ਵਿਖੇ 'ਕਾਰਨੀਵਲ-2024' ਕਰਵਾਇਆ

ਅੰਮ੍ਰਿਤਸਰ, 30 ਮਾਰਚ (ਬਖ਼ਲੂ ਮਹਾਜਨ): ਖਾਲਸਾ ਕਾਲਜ ਫੌਰ ਵੂਮੈਨ ਵਿਖੇ ਰੰਗਾਰੰਗ ਕਾਰਨੀਵਲ-2024 ਪ੍ਰੋਗਰਾਮ ਦਾ ਆਯੋਜਨ ਕਰਦਿਆਂ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੜ੍ਹਾਈ ਦੇ ਨਾਲ ਨਾਲ ਸਕਿੱਲ ਹਾਸਲ ਕਰਕੇ ਕਮਾਈ ਦੇ ਸਾਧਨ ਅਪਨਾਉਣ 'ਤੇ ਜ਼ੋਰ ਦਿੱਤਾ ਗਿਆ। ਕਾਲਜ ਪ੍ਰਿੰਸਿਪਲ ਡਾ. ਸੁਰਿੰਦਰ ਕੌਰ ਦੀ ਯੋਗ ਅਗਵਾਈ ਹੇਠ ਕਰਵਾਏ ਗਏ। ਇਸ ਪ੍ਰੋਗਰਾਮ ਮੌਕੇ ਲਿਟਲ ਫਲਾਵਰ ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ ਸਕੂਲ ਦੇ ਡਾਇਰੈਕਟਰ ਤਜਿੰਦਰ ਕੌਰ ਛੀਨਾ ਨੇ ਮੁੱਖ ਮਹਿਮਾਨ ਤੇ ਖਾਲਸਾ ਕਾਲਜ ਗਵਰਨਿੰਗ ਕੌਂਸਲ ਦੇ ਮੈਂਬਰ ਤੇ ਕਾਲਜ ਦੇ ਸਾਬਕਾ ਪ੍ਰਿੰਸਿਪਲ ਡਾ. ਸੁਖਬੀਰ ਕੌਰ ਮਾਹਲ ਨੇ ਵਿਸ਼ੇਸ਼ ਮਹਿਮਾਨ ਵਜੋਂ ਸ਼ਿਰਕਤ ਕੀਤੀ। ਇਸ ਮੌਕੇ ਛੀਨਾ ਨੇ ਪ੍ਰਿੰ. ਡਾ. ਸੁਰਿੰਦਰ ਕੌਰ ਨੂੰ ਉਨ੍ਹਾਂ ਦੇ ਇਸ ਉਪਰਾਲੇ 'ਤੇ ਵਧਾਈ ਦਿੰਦਿਆਂ ਕਿਹਾ ਕਿ ਅਜਿਹੇ ਪ੍ਰੋਗਰਾਮ ਜਿੱਥੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਆਪਣੀ ਸੱਭਿਅਤਾ ਦੇ ਰੁਬਰੂ ਕਰਵਾਉਂਦੇ ਹਨ, ਉਥੇ ਉਨ੍ਹਾਂ ਦੁਆਰਾ ਹੱਥੀ ਦਸਤਕਾਰੀ ਦੇ ਨਮੂਨੇ ਪੇਂਟਿੰਗ, ਫੁਲਕਾਰੀ, ਵੇਸਟ ਵਸਤੂਆਂ ਤੋਂ ਰਾਹੀਂ ਤਿਆਰ ਕੀਤੇ ਡਿਜ਼ਾਈਨ ਤੇ ਹੋਰ ਸਾਜੋ-ਸਮਾਨ ਆਦਿ ਪ੍ਰਦਰਸ਼ਿਤ ਕਰ

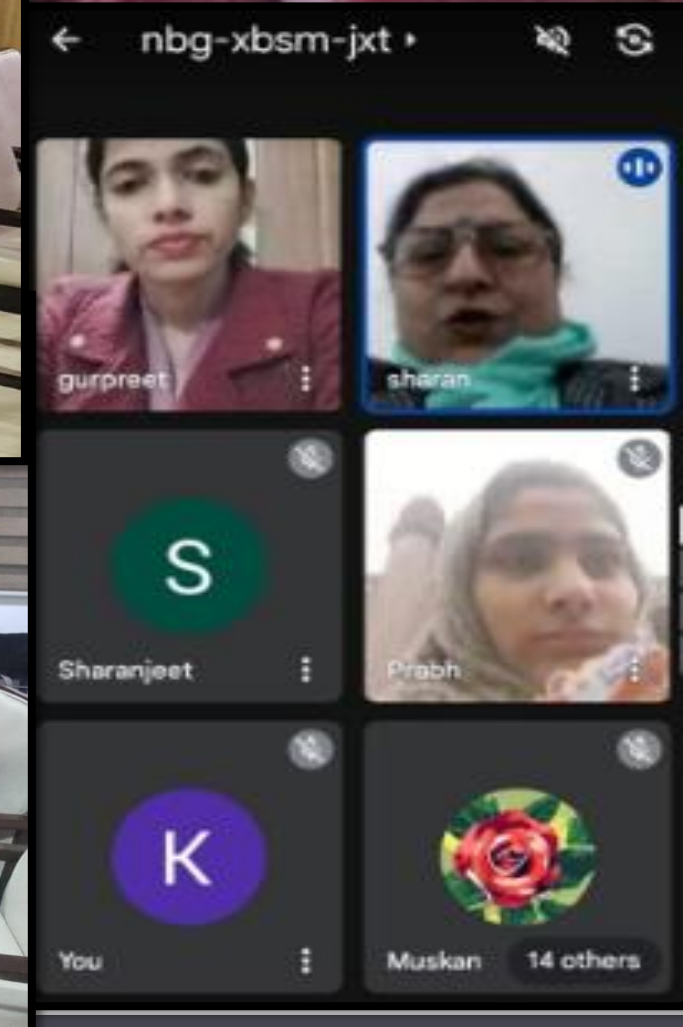


ਕੇ ਆਮਦਨ ਦਾ ਇਕ ਵਧੀਆ ਜਰੀਆ ਬਣਦੇ ਹਨ, ਜਿਸ ਨਾਲ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਜਿਸ ਆਪਣੀ ਕਲਾ ਦਾ ਨਮੂਨਾ ਪੇਸ਼ ਕਰਨ ਦਾ ਸੁਨਿਹਰਾ ਮੌਕਾ ਮਿਲਦਾ ਹੈ, ਉਥੇ ਸੰਸਥਾਵਾਂ ਇਹੋ ਜਿਹੇ ਮੌਕਿਆਂ ਰਾਹੀਂ ਉਨ੍ਹਾਂ ਨੂੰ ਰੋਜ਼ਗਾਰ ਦਾ ਇਕ ਪਲੇਟਫਾਰਮ ਮੁਹੱਬੀਆ ਕਰਵਾਉਣ 'ਚ ਅਹਿਮ ਯੋਗਦਾਨ ਪਾਉਂਦੀਆਂ ਹਨ। ਇਸ ਤੋਂ ਪਹਿਲਾਂ ਸੁਮਤੀ ਛੀਨਾ ਨੇ ਪ੍ਰਿੰ. ਡਾ. ਸੁਰਿੰਦਰ ਕੌਰ, ਡਾ. ਮਾਹਲ ਨੂੰ ਫੁੱਲਾਂ

ਪ੍ਰਿੰਤ ਦਾ ਪ੍ਰਦਰਸ਼ਨ ਕਰਨ ਲਈ ਪ੍ਰਦਾਨ ਕਰਨਾ ਸੀ। ਇਸ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਗੀਤ ਅਤੇ ਨਾਚ ਜਿੱਥੇ ਆਪਣੀ ਪ੍ਰਤਿਭਾ ਮੁਜਾਹਰਾ ਕੀਤਾ, ਉਥੇ ਆਕਰਸ਼ਕ ਜੁੜਵਾਂ ਬੱਚਿਆਂ ਦੇ ਰੰਗਤੋਂ ਦੀ ਨੇ ਸਭ ਨੂੰ ਥਿਰਕਨ 'ਤੇ ਮਜਬੂਰ ਦਿੱਤਾ। ਇਸ ਮੌਕੇ ਗਾਇਕ ਦਲਿਅਲਪੁਰੀ, ਡੀ. ਹਾਰਪ, ਹੁਸਨ ਤੇਜਬੀਰ ਸਿੰਘ, ਗੁਰਪ੍ਰੀਤ ਗਿੱਲ ਤੇ ਸਿੰਘ ਨੇ ਆਪਣੀ ਜਾਦੂ ਭਰੀ ਨਾਲ ਸਰੋਤਿਆਂ ਨੂੰ ਕੀਲਿਆ। ਇਲਾਵਾ ਕਾਲਜ ਦੀ ਗਰਾਊਂਡ ਵੱਖ-ਵੱਖ ਤਰ੍ਹਾਂ ਦੇ ਖਾਣ-ਪੀਣ ਵਸਤੂਆਂ ਅਤੇ ਹੋਰ ਸਾਜੋ-ਸਮਾਨ ਦਾ ਨਾਲ ਪੇਸ਼ ਕੀਤਾ ਗਿਆ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਵਿਦਿਆਰਥੀਆਂ ਨਾਲ ਹੋਰਨਾਂ ਸੰਸਥਾਵਾਂ ਦੇ ਹੁਨਰ ਆਪਣੀਆਂ ਕਲਾ ਦਾ ਪ੍ਰਦਰਸ਼ਨ ਇਸ ਮੌਕੇ ਲੋਕੀ ਡਰਾਅ ਵੀ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਦੇ ਐਲਮਨੀ ਤੋਂ ਸਮੂਹ ਸਟਾਫ਼ ਤੇ ਵਿਦਿਆਰਥੀਆਂ ਸਨ, ਜਿਨ੍ਹਾਂ ਨੇ ਉਕਤ ਮੌਕੇ ਆਨੰਦ ਮਾਣਿਆ। ਇਸ ਡਾ. ਬਾਲਾ ਨੇ ਆਏ ਮਹਿਮਾਨਾਂ, ਪ੍ਰਿੰਸਿਪਲ ਪੰਨਵਾਦ ਵੀ ਕੀਤਾ।



# Alumni Engagements @ KCW



## ALUMNI INTERACTION WITH STUDENTS

KCW Alumni Connect: An Interactive Webinar Series

Alumni serving as career advisors and education counselors to the students

Alumni supporting entrepreneurial initiatives by providing advice and resources to the students



INVOLVEMENT OF ALUMNI TOWARDS OFFERING PROFESSIONAL TRAINING TO STUDENTS AND TECHNICAL DISCUSSIONS ON CUTTING EDGE TECHNOLOGIES WITH FACULTY MEMBERS

INVOLVEMENT OF ALUMNI IN CURRICULUM DEVELOPMENT





# Glimpses @ Alumni Meet 2024



# Khalsa College for Women Amritsar Alumni Meet 2024



# Yaadien@ KCW





*Get up it's not over*  
Encourage someone today not to give up, Check on your friends and loved ones ...The situation around globally is pushing a lot of people to the depression stage, we all need one another to keep going...



*Revise and Re-revise*  
Competitive exams foster holistic skill development by going beyond the mere assessment of academic knowledge. So make a schedule and stick to it.





*“Go confidently in the direction of your dreams.”*

*We had a lot of experience in such a way that we are not more discouraged by the attitude of the people anymore .Just focus on your own journey and live the life that you have imagined The future belongs to those who believe in the beauty of their dreams.*



# *Dr. Navjot Kaur Lovely*

*Assistant Professor*

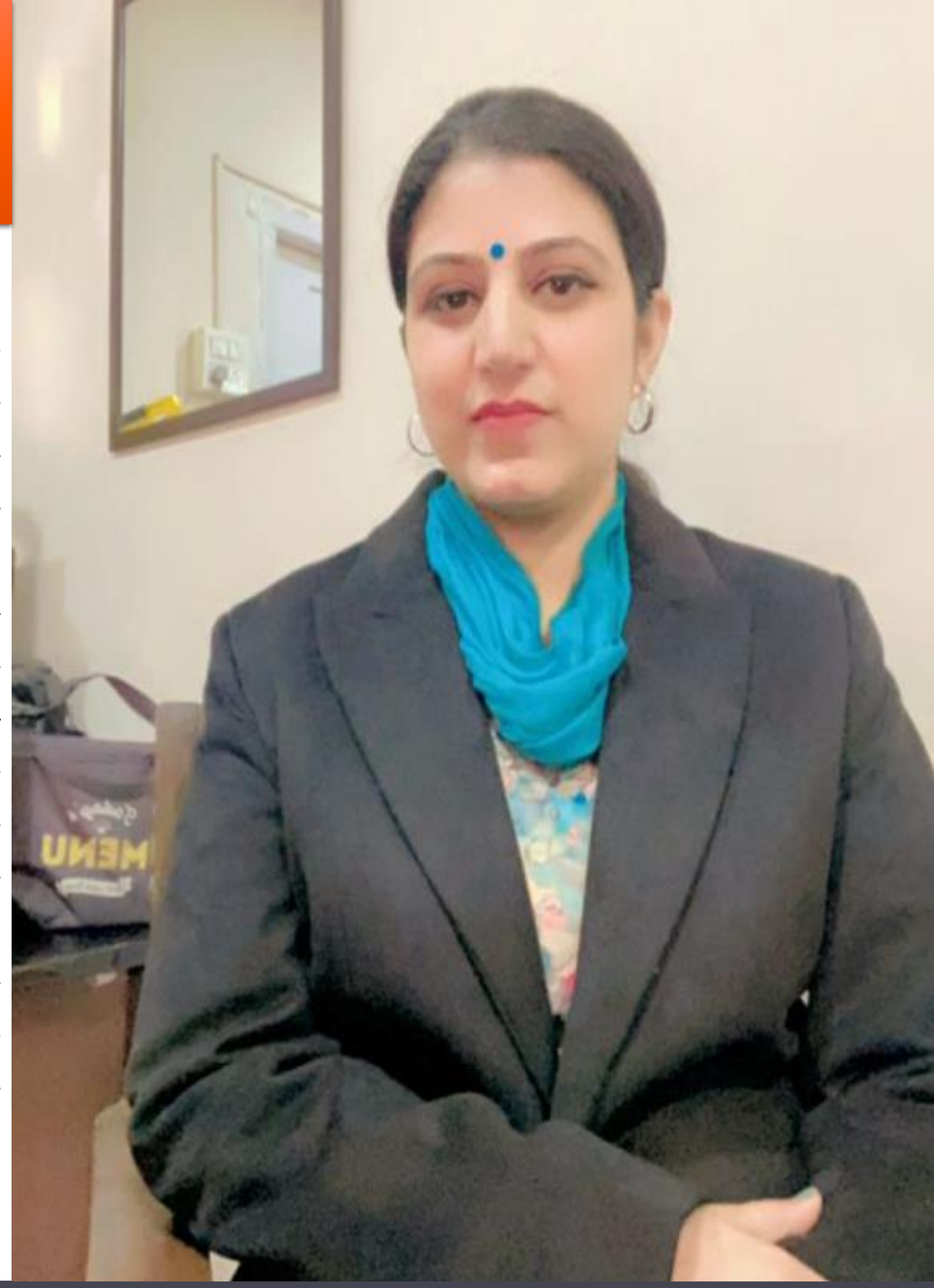
*Post Graduate Department of Punjabi*

*Khalsa College, Amritsar*

## ਇਕ ਧੀ ਦੀ ਮਾਂ

ਜਦੋਂ ਜੋਤ ਦੀ ਕੁੱਖੋਂ ਧੀ ਨੇ ਜਨਮ ਲਿਆ ਤਾਂ ਉਸ ਦੀ ਉਮੀਦ ਤੋਂ ਵੱਧ ਖੁਸ਼ੀਆਂ ਤੇ ਮਿਠਾਈਆਂ ਵੰਡੀਆਂ ਗਈਆਂ। ਹਰ ਪਾਸੇ ਉਸਦੀ ਪਿਆਰੀ ਧੀ ਦੇ ਰੂਪ ਨੂੰ ਸਲਾਹਿਆ ਗਿਆ। ਜੋਤ ਨੇ ਆਪਣੀ ਧੀ ਦੇ ਪੈਦਾ ਹੋਣ ਦੀਆਂ ਰੀਝਾਂ ਪੂਰੀਆਂ ਕਰਨ ਵਿਚ ਕੋਈ ਕਸਰ ਨਾ ਛੱਡੀ। ਵਧਾਈਆਂ ਲੈਂਦੇ ਦਿੰਦੇ ਕਈ ਮਹੀਨੇ ਲੰਘ ਗਏ। ਜੋਤ ਨੂੰ ਕਦੀ ਕਿਸੇ ਨੇ ਅਹਿਸਾਸ ਹੀ ਨਹੀਂ ਹੋਣ ਦਿੱਤਾ ਸੀ ਕਿ ਉਸ ਨੇ ਪਲੇਠੀ ਦੀ ਧੀ ਜੰਮੀ ਆ। ਪੁੱਤ ਤੋਂ ਵੱਧ ਮੋਹ ਲੈਂਦੀ ਜੋਤ ਦੀ ਲਾਡਲੀ ਨੂੰ ਸੰਭਾਲਣ ਵਿਚ ਹੀ ਉਸ ਦਾ ਸਾਰਾ ਦਿਨ ਲੰਘ ਜਾਂਦਾ।

ਘਰ ਵਿਚ ਵੀ ਜੋਤ, ਉਸਦੇ ਘਰਵਾਲੇ ਤੇ ਸੱਸ ਤੋਂ ਬਿਨਾਂ ਤੀਜਾ ਕੋਈ ਮੈਂਬਰ ਨਹੀਂ ਸੀ ਜਿਸ ਕਾਰਨ ਸਾਰਾ ਘਰ ਬੱਚੀ ਵਾਸਤੇ ਵਿਹਲਾ ਸੀ। ਜਿੱਥੇ ਮਰਜ਼ੀ ਬੈਠ ਕੇ ਜੋਤ ਧੀ ਨੂੰ ਦੁੱਧ ਪਿਲਾ ਦਿੰਦੀ ਤੇ ਜਿੱਥੇ ਮਰਜ਼ੀ ਧੁੱਪੇ ਪਾ ਦਿੰਦੀ। ਬੱਚੀ ਤਾਂ ਸਭ ਲਈ ਇਕ ਤੋਹਫਾ ਸੀ ਜਿਸ ਨੂੰ ਸਵਾਰ-ਸਵਾਰ ਕੇ ਰੱਖਿਆ ਜਾਂਦਾ। ਇਕ ਦਿਨ ਜੋਤ ਵਿਹੜੇ ਵਿਚ ਬੈਠ ਕੇ ਆਪਣੀ ਧੀ ਨੂੰ ਪੂਰੇ ਲਾਡਾਂ ਨਾਲ ਨਵਾ ਧਵਾ ਰਹੀ ਸੀ ਕਿ ਉਹਨਾਂ ਘਰ ਬਿਨ ਬੁਲਾਏ ਮਹਿਮਾਨ ਆ ਗਏ। ਜਿਹਨਾਂ ਵਿਚ ਇਕ ਦੰਪਤੀ ਜੋੜਾ ਤੇ ਦੋ ਉਹਨਾਂ ਦੇ ਪੰਜਾਂ-ਸੱਤਾਂ ਵਰ੍ਹਿਆਂ ਦੇ ਮੁੰਡੇ ਸਨ। ਜੋਤ ਨੇ ਧੀ ਨੂੰ ਨਵਾ ਕੇ ਉਸਨੂੰ ਕੱਪੜੇ ਪਾਉਣ ਲਈ ਸੱਸ ਨੂੰ ਫੜਾ ਦਿੱਤਾ ਤੇ ਆਪ ਆਏ ਹੋਏ ਮਹਿਮਾਨਾਂ ਦੇ ਬੈਠਣ ਲਈ ਕੁਰਸੀਆਂ ਲੈਣ ਅੰਦਰ ਚਲੀ ਗਈ। ਅੰਦਰੋਂ ਕੁਰਸੀਆਂ ਲੈ ਕੇ ਬਾਹਰ ਨਿਕਲੀ ਜੋਤ ਜਦੋਂ ਮੰਜੇ ਕੋਲ ਆਈ ਤਾਂ ਉਸ ਦੀ ਨਜ਼ਰ ਦੋਹਾਂ ਮੁੰਡਿਆਂ ਉੱਤੇ ਪਈ, ਜਿਹੜੇ ਉਸ ਦੀ ਕੇਵਲ ਤੌਲੀਏ ਵਿਚ ਅੱਧ ਢੱਕੀ ਧੀ ਨੂੰ ਬਹੁਤ ਗੌਰ ਨਾਲ ਦੇਖਦਿਆਂ, ਇਕ ਦੂਜੇ ਦੇ ਕੰਨਾਂ ਵਿਚ ਫੁਸ-ਫੁਸਾ ਰਹੇ ਸਨ ਅਤੇ ਕੋਲ ਖੜ੍ਹਾ ਉਹਨਾਂ ਦਾ ਪਿਓ, ਉਹਨਾਂ ਦੀਆਂ ਹਰਕਤਾਂ ਦੀ ਰਮਜ਼ ਸਮਝ ਕੇ ਮਨ ਹੀ ਮਨ ਮੁਸਕਰਾ ਰਿਹਾ ਸੀ। ਇਸ ਵਰਤਾਰੇ ਨੇ ਜੋਤ ਨੂੰ ਇਕ ਦਮ ਅਹਿਸਾਸ ਕਰਵਾ ਦਿੱਤਾ ਕਿ ਉਸ ਨੇ ਧੀ ਦੇ ਨਾਲ-ਨਾਲ ਇਕ ਕੁੜੀ ਨੂੰ ਵੀ ਜਨਮ ਦਿੱਤਾ ਹੈ।





*Ms. Navdeep Kaur*

*Assistant Professor, Fashion Design Department*

*RIMT University, Mandi Gobindgarh*

## ***Environmental Sustainability in the Fashion Industry***

The world is becoming more eco-conscious, especially with apparel. Sustainable fashion has been slowly building over the past decade, and now it looks set to explode. This means a lot of changes in the industry, from packaging to consumer spending. Sustainable fashion is a way in which brands create clothing that not only reduces the impact on the environment but is also mindful of the people who work to produce the garments.

### **Why sustainable fashion is important**

The fashion industry is incredibly harmful to the planet. Second only to oil, the industry is one of the world's largest polluters, responsible for 20% of global industrial water pollution. It comes as a surprise to many that most clothes are actually made out of plastic, creating a [microplastic disaster](#) in the making. The thousands of harmful chemicals used in the textile mills around the world, which are dangerous to both the environment and the people working with them, and the time has come for a global change in the industry.

That change must come in the form of sustainable fashion. Sustainable fashion is an approach that encourages the creation of clothing and accessories in a way that is both environmentally friendly and socially responsible. It focuses on using materials, processes, and production methods that are less harmful to the environment, while also taking into consideration the social implications of producing garments. Sustainable fashion is an approach to fashion that encourages the creation of clothing and accessories in a way that is both environmentally friendly and socially responsible. It focuses on using materials, processes, and production methods that are less harmful to the environment, while also taking into consideration the social implications of producing garments.

Sustainable fashion is becoming increasingly popular as consumers become more aware of their environmental impact and demand more ethical products from brands. In recent years, fashion brands like Cider have heard the demands of consumers and responded with an innovative approach to style. The Cider clothing sustainability philosophy is all about using recycled materials, such as recycled polyester and cotton, in the production processes, ensuring that their clothing pieces are as eco-friendly as possible. From the use of sustainable materials to their commitment to ethical production practices, Cider has become a leader in the fashion industry. Their cutting-edge designs not only look great but also help protect our environment.

*Ms. Samreen Kaur*  
*Pursuing MCA from GNDU*  
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### ***India of My Dream, My Vision***

“My dream is not to change my future. My dream is to change my country’s future. ”

I would like to express ‘my dream’, ‘my vision’ for my country, India. Everyone dreams to make his or her country successful. Like others, I also have a dream for my country.

Today, India is characterised by communal violence, regional alienation, political chaos and constant economic hick-ups. The great India which Buddha, Swami Vivekananda and Mahatma Gandhi envision is now heading towards the dwindling future. These ills of decadence must be handled seriously in order to put an end to these malaises that are eating it’s very fabric.

Now, it’s time that, we Indians should step out of the cocoons and visions for a Utopian India- an India which is self-sufficient in all areas. In India of my dream the poorest shall feel that it is their country, an India in which there is no high and low, an India in which there is no room for curse, where women are free to raise their voices, where the path from dreams to success does exist.

I want India to be clean and green, to be peacefully serene, to be technologically and agriculturally advanced and to be scientifically enhanced.

As it is wonderfully said

“The future belongs to those who believe in beauty of their dreams “

Thus, I can see depth and reality in my dreams but a lot needs to be done to make our country, India, a powerful and self – reliant

*Ms. Ekta Sharma*  
*Deputy Manager, Indusind bank*

### ***Role of Information Technology in Banking Industry***

As Information Technology (IT) advances, the banking industry continues to change. In recent years, the incorporation of IT has fundamentally changed the way banks run, converting conventional banking procedures into highly effective and client-focused platforms. This abstract seeks to give a thorough overview of the important role information technology plays in the banking industry. Information Technology has significantly increased the operational effectiveness of banks.

Automation has greatly decreased manual labour, minimized errors, and increased overall productivity for regular jobs including account administration, transaction processing, and document verification. Secondly, information technology has revolutionized customer interactions and experiences in the banking sector. Internet banking, mobile banking applications, and digital payment solutions have empowered customers with round-the-clock access to their accounts, enabling transactions, bill payments, and fund transfers at their convenience.

Furthermore, IT has facilitated the development of personalized services by analyzing customer data, allowing banks to offer tailored products and recommendations, thereby strengthening customer relationships and satisfaction. On the whole information technology has become an indispensable part of the banking sector, revolutionizing operations, enhancing customer experiences, ensuring security and risk management, promoting financial inclusion, and unlocking opportunities for further growth. As technology continues to evolve, banks must adapt and harness the power of IT to stay competitive and meet the ever-changing demands of customers in the digital era.





*Shifali Aggarwal*  
*Junior Technician, G.N.D.U*



**Indian textile industry**

The Textile Sector in India ranks next to Agriculture. Textile is one of India's oldest industries and has a formidable presence in the national economy in as much as it contributes to about 14 per cent of manufacturing value-addition, accounts for around one-third of our gross export earnings and provides gainful employment to millions of people. The textile industry occupies a unique place in our country. One of the earliest to come into existence in India, it accounts for 14% of the total Industrial production, contributes to nearly 30% of the total exports and is the second largest employment generator after agriculture.

Textile Industry is providing one of the most basic needs of people and the holds importance; maintaining sustained growth for improving quality of life. It has a unique position as a self-reliant industry, from the production of raw materials to the delivery of finished products, with substantial value-addition at each stage of processing; it is a major contribution to the country's economy. A textile is the largest single industry in India (and amongst the biggest in the world). Its contribution to the Indian economy is manifested in terms of its contribution to the industrial production, employment generation and foreign exchange earnings. The industry also contributes significantly to the world production of textile fibers and yarns including jute. In the world textile scenario, it is the largest producer of jute, second largest producer of silk, third largest producer of cotton and cellulosic fiber\yarn and fifth largest producer of synthetic fiber\yarn. India is rich in highly trained manpower.

The country has a huge advantage due to lower wage rates. Because of low labor rates the manufacturing cost in textile automatically comes down to very reasonable rates. India is highly competitive in spinning sector and has presence in almost all processes of the value chain. Indian garment industry is very diverse in size, manufacturing facility, type of apparel produced, quantity and quality of output, cost, and requirement for fabric etc. It comprises suppliers of ready-made garments for both, domestic or exports markets.

*Ms. Kirandeep Kaur*  
*Entrepreneur*



### ***The relation between Fashion and Architecture***

When we talk about fashion, it's a fantasy and there is no end to the inspiration for designing. We can take inspiration from nature or any modern architecture. Fashion and architecture have always been tightly knitted as they originate from the same root--Art. Fashion is a wearable art while architecture is an inhabitable art. Architecture is stagnant and rather permanent while fashion is a hype that Storms in and out as quickly. When viewed in isolation, they appear to be two distinct artistic forms but when these two fields collide the outcome gives rise to an impressive idea. Architects and fashion designers follow similar work principles, geometry, and balance to create form, structure, and design lines. The relationships between architecture and fashion fields have received many studies some researchers have considered them as parallel worlds, while others have proven that the link is an interrelationship. Generally, architecture and fashion have many common sources: art science and technology. This makes them sometimes close worlds and in many other cases they are mixed.

If we talk about history, architecture and fashion seem like unlikely bedfellows. However in more ways than one, they are cut from the same cloth. Ancient Nomadic tribes lived in Shelters made of cloth and animal Furs, the very same materials used for clothes. so clothes and buildings were made from the same craftspeople. Over time, as our Constructions filled the basic needs for protecting the human body, these pursuits were elevated into distinct art forms. The crinoline worn under the dress in the Victorian period was also inspired by the Crystal Palace in 1851. There are many other such examples which show that fashion has a connection with architecture since ancient times.

Inspired by this combination of fashion and architecture, the dress has been prepared from the building of Dubai. Increasingly, fashion designers and architects are sharing construction techniques architects look to Fashion and sewing techniques, such as folding and draping to achieve more streamlined and intricate shapes from solid materials, while fashion designers use geometric methods such as cantilever and hanging to create elaborate and often architectural garments using fabric. These techniques are wrapping, pleating, printing, folding, transformation, addition and subtraction, synthesis, draping and origami. Especially in this dress, the shape and colour of the building has been used to create a dress with the help of adding pleates, folds and smocking.

# *Gurleen Kaur*

*Assistantt Professor. Department of Designing,  
BBK DAV College for Women, Amritsar*



In today's world, fashion is a way of life. Like other basic needs (such as food, water, and shelter), clothing is also one of the most essential elements of life. People remain concerned about their dresses. Their occasions decide the type of dress, as every occasion has a defined fashion style, such as: office wear, party wear, casual wear, festival wear, marriage wear, etc. In addition to this, if people follow fashion trends, they are noticed by their friends, colleagues, relatives, and even by strangers. Likewise, fashion trends do play a major role in human life.

As fashion has become an inseparable part of human society, it plays certain roles in society. It influences the society and also get influenced by the society, for example, a farmer wearing skin-tight jeans, it means, fashion has influenced the people living in village. On the other hand, if the ethnic wear of a regional society influences the celebrity and other Haute couture fashion designer, it means society has influenced the fashion; so, it is vice-versa influence. As per recent research, more than 50% of the younger generation keep close track of the latest fashion trends, and they are the ones who buy first and make a new fashion design trendy. But as it is the nature of every coin that it has two faces with opposite meanings, similarly, fashion trends have positive as well as negative impacts.

## **Positive Impacts of Fashion Trends on Society**

- The changing fashion trends create a healthy and competitive environment that inspires the next generation of fashion designers and other related people to work hard and create meaningful and creative new designs.
- It creates new employment opportunities for many upcoming students (of fashion studies).
- The new and trendy formal fashion designed clothes enhance the look of the wearer and also give him or her confidence to perform efficiently, especially in an interview.
- The new fashion trend makes even an ordinary person into a special person.
- It gives an identity to the wearer, or else people get unnoticed.
- Last but not the least, it is an opportunity to amalgamate different cultures and traditions.

## Negative Impacts of Fashion Trends on Society

Because of excessive orientation towards the new fashion trends, traditional design and associated culture are being lost.

- The younger generations are much more influenced by western fashion culture.
- The new fashion trends, especially influenced by western culture and Bollywood movies, create nuisance in young generations' minds and, as a result of this, many of them indulge in unsocial activities.
- Such new fashion trends also affect the psychology of younger generations, and hence, if they do not get it, then it badly affects their minds and (likely) they become victims of psychological disorders such as eating disorders, mental illness, stress, etc.

This is unquestionably true that today's generations want to be seen as modern people, and since this is the demand of circumstance, there is nothing wrong with it. But while making oneself modern, if we forget our own ethics and integrity, it is wrong. Therefore, now it is up to you — what you want to be look like and how you want to shape your future.



# Interview @ Alumni

"Embrace opportunities." Be open to new experiences, challenges, and chances to learn and grow.



*Ms. Parneet Kaur*

*Assistant Professor*

*Khalsa College of Engineering and Technology*

1. Tell us something about your education and career journey?

A. Education is a journey that begins with curiosity and continues throughout life. College serves as a pivotal chapter in this journey, where knowledge is acquired, friendships are forged, and dreams are nurtured. It's a time of growth, exploration, and self-discovery, laying the foundation for future endeavours and shaping the path ahead.

2. What were the motivations for your career choices?

A. Motivation for career choices often stems from a combination of passion, interests, skills, and values. Whether inspired by a childhood dream, personal experiences, or a desire to make a difference, individuals are driven to pursue paths that align with their aspirations and goals. The journey toward a fulfilling career involves introspection, exploration, and the determination to overcome challenges along the way. At college I came across wonderful helping, full of knowledge mentors. They are my role model

3. Describe your time at college in 3 words.

A. Transformative, challenging, unforgettable

4. Of all your achievements so far, what are you most proud of?

My teachers at KCW helped me to explore my strengths and help me to be all-rounder. I proud to be the part of KCW family when I started my teaching career.

5. If you had to make one course mandatory for all future branches. What would it be?

A. I would prefer to make computer course mandatory in all fields.

6. What has been the proudest moment in your life so far?

A. Perusing Ph.D

7. One piece of advice for your juniors, so that they can build a better future for themselves.

A. My advice would be: "Embrace opportunities." Be open to new experiences, challenges, and chances to learn and grow. These opportunities can shape your future in ways you might not expect.

*“Every traveler has a home of his own ,  
and he learns to appreciate it the more  
from his wandering.”*

*-- Charles Dickens*

# Interview @ Alumni

*"Work hard, be Honest and Loyal in your profession"*

1. Tell us something about your education and career journey?

A. I am M.A Punjabi, M.Phil., Ph.D and presently working as Assistant Professor and HOD in PG Department of Punjabi, Baring Union Christian College, Batala

2. What were the motivations for your career choices?

A. My Teachers

3. Describe your time at college in 3 words.

A. Memorable and wonderful

4. Of all your achievements so far, what are you most proud of?

A. Cultural activities especially giddha

5. If you had to make one course mandatory for all future branches. What would it be?

A. Punjabi

6. What has been the proudest moment in your life so far?

A. Be a part of Khalsa College for women

7. One piece of advice for your juniors, so that they can build a better future for themselves.

A. Work hard, be Honest and Loyal in your profession



**Dr. Jatinder Kaur**

*HOD, P.G Department  
of Punjabi, Baring  
Union Christian  
College, Batala*

# Interview @ Alumni

*"Start Early and Start well"*



*Harsimrat Kaur*

*Pursuing MA. Political Science, GNDU*

*Preparing for UPSC*

*"Former students should strengthen their bonding with their former institutions"  
-- Narendra Modi*

1. Tell us something about your education and career journey?\*

IA. I have done my Bachelors in Information Technology and currently I am preparing for civil service examination and I am also doing masters in political science from GNDU.

2. What were the motivations for your career choices?

A. I have always wanted to be in administrative services and contribute in the process of nation building and civil services gave variety of opportunities to work on the ground level.

3. Describe your time at college in 3 words.

A. Memorable, Enriching and Unforgettable

4. Of all your achievements so far, what are you most proud of?

A. I am proud of my academic grades and achievements so far.

5. If you had to make one course mandatory for all future branches. What would it be?

A. Personality Development and public speaking courses.

6. What has been the proudest moment in your life so far?

A. The day I got my degree and that too with distinction.

7. One piece of advice for your juniors, so that they can build a better future for themselves.

"Start Early and Start well" Choose your field as early as possible, have believe in your self , in your choice and work hard. Everything is possible.

# Interview @ Alumni

*"Trust yourself, Respect your teachers, make proud your parents"*



*Ms. Ekta Sharma*

*Deputy Manager Indusind Bank*

Sharmaekta717@gmail.com

1. Tell us something about your education and career journey?  
A. Post graduate from this college also all the achievements today I got just because of this college.

2. Describe your time at college in 3 words.  
A. Most precious time.

3. Of all your achievements so far, what are you most proud of?  
A. This experience taught me to learn to ask for help when required and to challenge my comfort zone at every stage to excel.

4. If you had to make one course mandatory for all future branches. What would it be?  
A. Information technology

5. What has been the proudest moment in your life so far?  
A. After completed post graduation got a job in bank within a month.

6. One piece of advice for your juniors, so that they can build a better future for themselves.  
A. Trust yourself, Respect your teachers, make proud your parents.





# Interview @ Alumni

“Discover your innate talents and cultivate them to reach their fullest potential”

1. Tell us something about your education and career journey?

A. I pursued a degree in Commerce which laid the foundation for my career in Entrepreneurship. Throughout my College journey, I've been handling College Events and Shows which made my interest in Showbiz as well. This eventually led to my interest in Makeup Industry. I've also engaged in continuous learning, staying updated with the latest advancements in my field to enhance my skills and contribute effectively to my work.

2. What were the motivations for your career choices?

A. As a Commerce student I had the vision of finding the market demand which led me in looking forward towards makeup industry. I've always been drawn to the transformative power of makeup and the ability to enhance someone's natural features. The joy of making someone feel their best inspired me to pursue a career in the business of makeup artistry.

3. Describe your time at college in 3 words.

A. Transformative, Memorable, Inspiring

4. Of all your achievements so far, what are you most proud of?

A. Clearing UGC in first attempt that too without much preparation.

5. If you had to make one course mandatory for all future branches. What would it be?

A. I would love to add a self-grooming course. In my opinion, it really boosts the confidence and when you feel confident about yourself, you are more likely to exude confidence in various aspects of your lives.



*Ms. Sugandh*

*Successful Entrepreneur*

*sugandhnayyar25@gmail.com*

6. What has been the proudest moment in your life so far?

A. I take great pride in purchasing my own house at the age of 30 with the money I've earned through hard work and dedication.

7. One piece of advice for your juniors, so that they can build a better future for themselves.

A. Discover your innate talents and cultivate them to reach their fullest potential. I became a makeup artist after studying commerce for almost 7 years. And I have no regrets as today I am proud about what I am doing today!

*“A trip to nostalgia now and then is good for the spirit”*

*-- Don Bartolovic*

1. Tell us something about your education and career journey?

A. ग्रेजुएशन करने के साथ ही मैंने लखिना शुरू किया और समाज सेवा करनी शुरू की साथ ही साथ समाज को जागरूक करने के लिए जगह-जगह देना शुरू किया और फ्री फैमिली काउंसलिंग करनी शुरू की उसी के साथ वृद्धाश्रम में बुजुर्गों और गूंगे बहरे बच्चों की मानसिकता जानने के लिए तीन साल मैं उनके साथ उन्हें के बीच में रही।

2. What were the motivations for your career choices?

A. मुझे सबसे ज्यादा मोटिवेट किया मेरी माँ ने और मेरी खुद की अंतरात्मा ने क्योंकि मेरे मन में हमेशा यही चलता रहता था कि मैं ऐसा कौन सा काम करूँ जैसा करने से मेरे आस पास के लोगों का और समाज का भला हो सके।

3. Describe your time at college in 3 words.

A. अद्भुत अध्यापक और अनुशासन

4. Of all your achievements so far, what are you most proud of?

A. मेरी सबसे यादगार अचीवमेंट वो थी जब मेरे कॉलेज ने (खालसा कॉलेज फॉर वुमन) मुझे एक गेस्ट के तौर पर बुलाया और मेरे टीचर्स ने जिनोंने मुझे पढ़ाया था उन्होंने मुझे सम्मानित किया।

5. If you had to make one course mandatory for all future branches. What would it be?

A. कॉलेज में कुछ ऐसे कोर्स होने चाहिए जो स्टूडेंट्स को कुछ ऐसी चीजें सिखाए जिसके द्वारा वो पढ़ाई खत्म होने के बाद कम पैसों में घर पर ही कोई रोजगार शुरू कर सकें

6. What has been the proudest moment in your life so far?

A. मुझे पहली बार तब गर्व महसूस हुआ था जब मेरे पति ने कहा था कि मुझे तुम पर गर्व है!

7. One piece of advice for your juniors, so that they can build a better future for themselves.

A. जीवन में कुछ भी करने से पहले शांत होकर सोचना चाहिए कि जो मैं कर रही हूँ क्या वो मुझे करना चाहिए केवल किसी की सलाह लेकर किसी काम को करने का निर्णय कभी नहीं लेना चाहिए क्योंकि एक गलत सलाह के साथ आगे बढ़ने से बेहतर है कि आप अपनी गलतियों के साथ सीखते हुए आगे बढ़ें और अपने जीवन में हुई एक गलती को दोबारा कभी भी ना दोहराएँ!



*Ms. Pooja Gill*  
*Social Worker*  
vpositive198@gmail.com



## *Alumni in Spotlight*

Anita Devgan, a proud KCW Alumni and a prominent theatre artist hailing from Punjab, has made a remarkable name for herself in the Punjabi film industry. For her higher education, she attended Khalsa College for Women, Amritsar, and pursued her Bachelor of Arts (B.A.). Her journey in the world of acting began with the television program “Hakim Tara Chand,” which aired on DD Punjabi.

In 2008, she made her debut in the Punjabi film industry with “Hashar,” a love story, marking the start of her illustrious film career. Since then, she has graced the silver screen with her presence in more than 40 films, primarily in supporting roles, demonstrating her acting prowess and versatility.

Anita’s dedication and talent have not gone unnoticed. She has been honored with the Virasat International Punjabi Film Award and the prestigious Best Supporting Actress PTC Punjabi Film Award, reflecting her contribution to the Punjabi film landscape.

Some of her most acclaimed films include “Jatt & Juliet” (2012, 2013), “R.S.V.P.,” “Angrej” (2015), “Bambukat” (2016), “Rabb Da Radio” (2017, 2019), “Golak Bugni Bank Te Batua” (2018), “Mr. & Mrs. 420 Returns” (2018), “Puaada” (2021), and “Ni Main Sass Kuttni” (2022). Notably, in the film “Ni Main Sass Kuttni,” she played a lead role alongside esteemed actors such as Nirmal Rishi, Gurpreet Ghuggi, Karamjit Anmol, and Mehtab Virk, further solidifying her position in the Punjabi film industry as a versatile and accomplished performer.



**Anita Devgan**

*A renowned Indian film and television actress*

# Alumni in Spotlight

The desire to be more, to achieve more, to grow has always overwhelmed her. Ms. Manpreet Kaur is a proud KCW alumni and a successful Professional Makeup Artist, Nail Technician, and Fashion Model. She did her graduation in Fashion Designing from KCW. She represented National and International brands as a Fashion Model for Renowned Brands such as Splash, Forever 21, Reliance Trends, Khurana Jewellery, Umrao's, and Malliram Jewellery House.

She was selected for Miss India Glamorous 2018 and successfully achieved the title. She is also Invited as a showstopper for various events. Currently she is successfully working as a Freelance Makeup Artist and Fabric Painter.

Ms. Manpreet Kaur spent 3 years in KCW studying Fashion Design with a vision to explore design aesthetics. In Manpreet's words, " My three years at KCW were great and a memory to cherish for lifetime. It was full of learning and grooming oneself. It gave me an opportunity to meet different kind of people and learned many things. Breaking the way from the regular standard of education, the Institute focuses on the application of knowledge rather than the accumulation of knowledge. A system that motivates you to establish an everlasting bond with your colleagues. KCW provides a great platform that prepares you for the Fashion World. It was a wonderful experience on the journey through KCW.



**Manpreet Kaur**

*A successful fashion model*



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- MA Punjabi
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